

Wednesday 20th March, 2024

WEEKLY UPDATE

ALL SCHOOLS

School Closes Friday 22nd March
Reopens Monday 8th April 2024



NGB Updates

- **LTA Tennis: Wheelchair Tennis Initiative Programme**

With the Paris 2024 Paralympic Games on the horizon, the Lawn Tennis Association (LTA) is delivering its Wheelchair Tennis Initiative programme, designed to inspire young people with a physical impairment into tennis. These one-day events will offer the opportunity to learn the fundamental skills of wheelchair tennis through transformative experiences and showcase the pathway opportunities from grassroots development to elite performance. To sign up for free or learn more, [visit the LTA website](#).



- **Limb Power's Cycling and Athletics Resources**

Limb Power have two new resources to support the inclusion of young people with an amputation or congenital limb difference into sessions. One resource, created by Limb Power and British Cycling, supports children with limb difference into cycling and a second focuses on athletics. Both [resources can be found here](#).



- **TCS 2024 Mini London Marathon in Schools**

The free TCS Mini London Marathon invites schools to enter their children and young people to run, jog, walk, or wheel 2.6 miles in their school setting. [Find out how your school can get involved](#).



- **LLR girls football week**

Well done to our LLR girls football week - design your own football kit competition winners from Stokes Wood and English Martyrs who will be entered into the county finals. See their winning designs ----->



Powerchair Football Opportunity in Leicestershire

Powerchair Football, a unique sport that provides opportunities for people with a physical disability or physical impairment to access the game of football. It is the only active team participation sport for people who use electric wheelchairs. The sport is fast-paced, dynamic and very enjoyable to watch. Due to the unique nature of Powerchair Football, it allows all ages, disabilities and genders to compete together.

Powerchair Football enables disabled people to take part in regular activities and provides them with competition - something that the majority will never have, or rarely, experienced before due to their impairment. As a result, it builds key life skills such as teamwork and communication. The sessions below are running at Huncote Leisure Centre and [need to be pre-booked for participants by clicking here](#).

POWERCHAIR FOOTBALL
DELIVERED BY LEICESTER CITY IN THE COMMUNITY

Saturday 20th April - 10:00 - 12:00
Wednesday 1st May - 16:00 - 18:00
Wednesday 15th May - 16:00 - 18:00
Sunday 9th June - 10:00 - 12:00

Huncote Leisure Centre
Sportsfield Lane,
Huncote,
Leicester
LE9 3BN

For more information contact:
Luke.Miller@lcf.co.uk and 0780362526

Wednesday 20th March, 2024

WEEKLY UPDATE

PRIMARY AGE GROUPS



School Games Live - Easter Special

Yet again by popular demand! With over 15,000 participants taking part in the last event we are aiming to make it even bigger and better than ever before!

County Durham Sport are inviting you to participate in our School Games Live Easter Special via Zoom!!

Event Information

- The session is split up into 3 x 15-minute active fitness sessions on Friday 22nd March 2024 from 10:30am – which can be performed in a hall, classroom or any other appropriate space.
- Sessions will run every 20 minutes from 10:30am, feel free to join for the full hour or drop in and out as you please.

To enable us to gather information on participant numbers and area specific data could you please fill in the registration form via the link below.

We look forward to seeing you all on the screen Friday 22nd March 2024 ready to get active!

School Games Live Stream Registration Link

Meeting ID: 844 4154 3706

Passcode: 008868



Final chance to book onto our Big Moves Fundamental Movement Workshop

We are delighted to offer an opportunity to upskill staff to enhance your Foundation and Key Stage 1 Fundamental Skills Development through the popular Big Moves programme. The course will be tutored by the founder of Big Moves, Elaine Cowley. The BIG MOVES Intervention Programme has been created to help children in mainstream schools improve their physical development and has impacts on wider school life, including developing listening and concentration, learning success and appropriate behavior. Developed by Elaine Cowley – a Developmental Movement Practitioner, over a six-year period in a Leicestershire school, this programme is based on how the brain develops in early childhood and the foundation sensory and motor skills that every child needs to succeed in school and life. It explains the BIG MOVES every child has to experience in childhood before they can move on to using the small moves of the eyes and fingers for learning in the classroom.

- Cost: £65 to Inspire Together Members
- Date: Thursday 18th April, 09:30 – 15:30 (registration open until Friday 22nd March)
- Location: Rolleston Primary School (Sportshall), car park entry postcode LE2 9RP
- Maximum capacity 24 delegates



Please register your interest to attend [HERE](#).

Enhanced Primary Leadership Training

Over the last few weeks, we have seen 90 primary school pupils take part in the Enhanced Primary Leadership Training Day. During the day pupils learnt about the concept of being a leader, the essential life skills needed to excel as a leader and how to utilise these skills/raise the profile of sport, physical activity and health back in their school.



@InspireTogether



@InspireTogeth3r



@InspireTogeth3r



@InspireTogether



[Click here for previous updates](#)



inspiretogether@crownhills.leicester.sch.uk



0116 249 1032

Wednesday, 20th March 2024

WEEKLY UPDATE

SECONDARY AGE GROUPS



First Go Lead Conference

#LETGIRLSPLAY

Thank you to all the schools who came to our first Go Lead Conference, we hope you enjoyed the day as much as we did!

During Spring Term 2 we ran a girls football leadership conference at the Morningside Arena alongside the Youth Sport Trust (YST). It was great to see so much interest from Secondary schools, with 9 schools signed up to attend the event. Throughout the conference the girls will rotate round different activities. They started the day by listening to a keynote speech by Jenna, a In Line Skate World Champion from the YST.

In the morning they took part in different workshops which were delivered by the ambassadors from the Youth Sport Trust. During lunch time they took part in some of the #LLRGirlsFootballWeek challenges and then took part in more workshops including go lead activities. They also developed an action plan for back in school which shows how they are going to implement what they have learnt.

Please see video with a roundup of the day! We look forward to hearing what you have got up to back at school.



Leadership Programme



We couldn't successfully run our Inspire Together events without the help of our fantastic Young Leaders. They help to ensure everything runs smoothly and that the young people participating get the best possible experience. This half-term, leaders from New College Leicester have been supporting us, including our Primary Gymnastics events.

The New College Leaders engaged really well with the primary school pupils, being great role models for the participants. The leaders took a lot of valuable skills away from the experience themselves, developing their communication skills and confidence, relishing the chance to share their passion for physical activity with the primary school children.



@InspireTogether



@InspireTogeth3r



@InspireTogeth3r



@InspireTogether



[Click here for previous updates](#)



inspiretogether@crownhills.leicester.sch.uk



0116 249 1032