

Wednesday 13th March, 2024



# WEEKLY UPDATE

## ALL SCHOOLS

### Friday 15th March



[CLICK HERE FOR LINK](#)

## Youth Sport Trust's Girls Active Survey

The Youth Sport Trust's Girls Active Survey supports schools to gain student insight through an online survey to understand the participation levels, attitudes, motivations and barriers to participation.

We are pleased to be able to provide this opportunity for schools in England to participate in the survey between Friday 10 May 2024 and Friday 21 June 2024. Each school will receive a School Insight Report based on the collated responses of students in your school.

If you are interested in registering your school to take part in the survey, please head to the link below. Registration closes on Friday 3 May.



[REGISTER](#)

**Please send the results for your Girls Football Week challenges and competitions through to Jen to be in with a chance of winning some great Leicester City Prizes [jgadsby@crownhills.leicester.sch.uk](mailto:jgadsby@crownhills.leicester.sch.uk)**

## Online Tennis Teacher Training

**Access FREE Online Tennis Teacher Training and receive a £250 voucher to support delivery.**

- The LTA's free online teacher training courses are designed to help you deliver high-quality PE lessons with confidence.
- The courses are fully mobile-enabled and can be completed at any time. You can even save your progress, exit the course and return at a later point to continue where you left off.
- Teachers completing the course will receive a £250 voucher (limited to one per school), supported by funding from the [LTA Tennis Foundation](#), to spend on 10 hours of club link support from a local LTA Accredited Coach or equipment. Once a member of staff from a school has completed the training the voucher will activate below after 24 hours.
- The LTA are an afPE Professional Development Board Approved Provider, recognising the high standard of both the resources and the teacher training we provide.

[ACCESS THE FREE LTA TRAINING HERE](#)

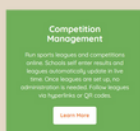
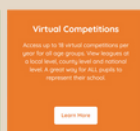
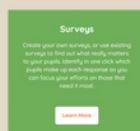


## KOBOCA - NEW System!

**Exciting new Pupil Voice and Competition Management System coming as part of Inspire Together's 2024/25 Membership Offer**

We have invested in a high-quality system specifically designed to capture pupil voice in a meaningful way and to manage both live and virtual competitions which will be available for schools to access for FREE (RRP £199/school) as part of their Inspire Together Membership for the 2024/25 academic year.

The [KOBOCA](#) system has been designed by teachers, school games organisers and Ofsted inspectors to provide evidence for Ofsted, Pupil Premium, Primary Sports Premium, School Games and Government/Public Health Targets. Once live schools will be able to design and target their own surveys within school as well as accessing a National Survey which provides advocacy for PE, School Sport & Physical Activity with politicians and decision makers. To view some example surveys and texts please click here or any images below:



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# WEEKLY UPDATE PRIMARY AGE GROUPS

**INSPIRE  
TOGETHER**  
A healthier, happier, future generation

inspire+

## **Inspire+ Apprenticeships -**

### **Employ an Apprentice in your school next academic year to enhance your PE & School Sport provision.**

Inspire Together are working together with Inspire+ to bring their leading apprenticeship programme to Leicester. The partnership will see an education hub established in the city to enable apprentices to access learning locally and to work closely with a group of peers in their area. An apprentice can be employed to improve/increase the amount of physical activity & support PE lessons each week as well as offering classroom support. Depending on previous experience of an apprentice it is often the case that the apprentice supports in a variety of capacities including pastoral and behaviour roles.

An apprentice can:

- Support staff to deliver fun, inclusive and engaging physical activity.
- Lead breakfast and after-school clubs, providing great opportunities for the children to get active and assist with in-class focus.
- Provide one-to-one mentoring for higher-ability pupils or those requiring Additional Learning Support
- Promote PE, sport, and well-being by organising and participating in clubs or sports events and leading physical activity initiatives.

#### **A fully supported recruitment process:**

Inspire+ have a dedicated recruitment officer to assist you in finding your perfect apprentice. They promote through national platforms via Indeed and Gov.uk, there is no charge to schools for this service. We pass on any applications to schools who we consider appropriate and pass the initial selection phase. We do, however, ask schools to advertise via their school website or other available platforms to them. Inspire+ do not charge any additional costs for recruitment, administration or training.

**A Teams meeting with the CEO from Inspire+ is being held on Tuesday 16th April from 3.30pm onwards to find out more about employing an apprentice in your school. Please contact Dan ([dhewins@crownhills.leicester.sch.uk](mailto:dhewins@crownhills.leicester.sch.uk)) to express an interest and receive to the meeting.**

## **PRIMARY GYMNASTICS CURRICULUM**

**CPD** Continuing Professional Development

#### **IFLIP.ORG PLEASED TO OFFER**

Gymnastics (Hinckley Gymnastics Club) is offering CPD and PPA curriculum sessions to all primary schools in Leicestershire

- CPD for Teachers (Gaining confidence and knowledge)
- Our Gymnastics support program is designed by our Club Team with over 25 years of Experience.
- Session planning from Reception to Year 6
- Teacher assessment in delivery of Gymnastics
- A sustainable and effective way for your school to utilise the PE and School Sport Premium funding.
- Develops fundamental movement skills with direct progression to club sport.
- Led by Qualified staff, safeguarded and DBS Enhanced.

#### **For more information please contact:**

**[Mitch.edwards@iflip.org](mailto:Mitch.edwards@iflip.org)**

**07958 611312**

**[www.iflip.org](http://www.iflip.org)**



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# WEEKLY UPDATE

## SECONDARY AGE GROUPS



**Please see apprenticeship detail in the primary update. Apprentices can be employed by all schools and have an equally positive impact working with secondary aged children.**

### Active in Mind

The Crown Hills programme started this week! Yasmin Clarke, Ex - Tennis professional and BBC and Eurosport's commentator joined students at Crown Hills to kick start the Active in Mind Programme for this year. Active in Mind is a programme that sees a group of Year 9/10s identified as peer mentors. they receive a day's training on how to be a mentor for their peers as well as taking a look at their own Health and lifestyle habits. A 'nurture group' is also identified this is a smaller group of younger children who the Mentors will then support for 6 weeks through an active lunch club. The nurture group join the mentors for the afternoon training where the young mentors deliver some games and activities.



### Ramadan - 10th March to Monday 8th April 2024

#### Supporting students in Physical Education through the Holy Month of Ramadan

If you are looking at how to plan activities during Ramadan, here are four top tips:

- Consult with your pupils and their families who are observing Ramadan to understand their needs and concerns during this time.
- Modify the timing of activities to suit pupil energy levels.
- Adjust the duration and intensity of PE lessons to support pupils. ...
- Avoid planning competitions and tournaments during the month of Ramadan that take place after school.

**Click on the Image for more information, with the Youth Sport Trust**



### Develop Tennis Leaders at your School

**Tennis Leaders is the LTA's fun and exciting youth leadership programme for Secondary School students of all abilities.**



Deliver the "Tennis Leaders" [youth leadership programme](#) in your school, accredited by the [Leadership Skills Foundation](#) (formally SLQ Sports Leaders) who have worked with the LTA to ensure the core leadership skills of communication, self-belief, teamwork, self-management and problem solving are embedded throughout the course.

- Courses can be delivered by an active Secondary School PE teacher or LTA Accredited Level 3 Coach, with all resources provided to schools for free.
- This programme can provide the first step towards a career in tennis or another sport for participating students, and they'll pick up valuable life skills on the way.
- **NEW:** Students can now access [additional learning](#) via new online modules, including Organising Events and Communication.

[Find out more HERE](#), including hearing from schools as to how they've used this programme to engage a range of students, who in turn have helped support school and community activities.



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