

Wednesday 28th February, 2024

WEEKLY UPDATE ALL SCHOOLS



Cross Country - Live Streaming

Cross Country have the opportunity to watch the whole live event and later on replay via the link below. A great way for families to see their child in action without attending the event.



[CLICK HERE TO BOOK](#)

FREE Inclusion CPD

There are a variety of free virtual opportunities to get involved in this month:

- **Inclusion for the Autistic Young Person within Physical Education and Sport - 06 March, 4pm**
- **Motor Activities Training Programme Introductory Workshop - multiple dates**

Book now using the links in the course names above.



Inclusive Sport Video Resources

The Youth Sport Trust have launched Paralympic Summer Sport video series through their Inclusive Sports Programme. Take a Look at the free resources for inspiration in planning your Paralympic Sports Day programme.



[RESOURCES](#)

Start Planning for the School Games Mark

With the 2023/24 School Games Mark set to go live on Wednesday 01 May 2024, have you read through the criteria to plan your application ahead of applying on behalf of your school?



[CLICK HERE FOR THE CRITERIA](#)

GIRLS FOOTBALL -SIGN UP for FREE

Football Week Resources, Challenges & Prizes

NEXT WEEK IS GIRLS FOOTBALL WEEK, sign up for resources and challenges with LEICESTER CITY PRIZES to be won and much more. Register below:-



[REGISTER](#)

Once signed up please email Jen to receive your Leicester, Leicestershire and Rutland girls football week resources including challenges, assembly slides, social media posts, posters, festival resources and more jgadsby@crownhills.sch.uk



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WEEKLY UPDATE

PRIMARY AGE GROUPS



Move It March!

- **2024 Move It March Challenge**
- **In school and at Home**
- **Key Stage 1, Key Stage 2 and Staff**
- **Friday 1st March – Sunday 31st March**



Move it March, is a great way to encourage children to engage more in sports activities, these can be conducted at home inside/outside and doesn't have to cost a penny!

[PLEASE CLICK HERE FOR MORE TIPS](#)

Move it March Challenge

- Aimed at KS1, KS2 pupils and staff across Leicester City Primary and Special Schools
- Complete 60 minutes of any physical activity on at least 31 days (you can do more)
- Submit your total amount of physical activity minutes to your teachers by 31st of March
- Prizes for the Boy, Girl and Teacher with the most recorded minutes in each Year group in each school.
- The school that records the most active minutes will be crowned Leicester City Champions.
- Video Prize- School with the most creative Move It March promo video/reel.
- School Games prize –The school with the most inspiring School Games blog.



All information and resources have been shared on email any queries contact inspiretogether@crownhills.leicester.sch.uk

CPD Opportunities

A reminder to book onto our FREE Disney Inspired Shooting Stars workshop for school staff who support lunchtime and after-school play.

- Friday 15th March, 9:00am – 12:00pm @ Goals Leicester
- Registration open until Wednesday 13th March
- **Please register your interest to attend [HERE](#).**



A great opportunity to upskill staff to enhance your Foundation and Key Stage 1 Fundamental Skills Development through the popular Big Moves Fundamental Movement Programme, £65 to Inspire Together Members

- Thursday 18th April, 09:30 – 15:30 @ Rolleston Primary
- Registration open until Friday 22nd March
- **Please register your interest to attend [HERE](#).**



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WEEKLY UPDATE SECONDARY AGE GROUPS



Nutrition workshop

Inspire Together partnered with NCS to deliver a Nutrition workshop to 45 students during half term break.

Inspire Together partnered with NCS to deliver a fun packed nutrition workshop to students who were taking part in the NCS programme. Students involved got to take part in a team quiz on Nutrition where they ranked the calorie content of a range of big restaurant and fast food chain meals and then they were able to create their own Marketing campaigns for smoothies they invented and even got to make on the day using the Smoothie Bike! Students had a really good time and were able to challenge some of their ideas on calorie content in some famous foods and how to better understand where calories might be hidden!



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