

Wednesday 10th April, 2024

WEEKLY UPDATE

ALL SCHOOLS

SUMMER TERM

Happy Eid Mubarak
to all those
celebrating.
Wishing you peace
& prosperity



Welcome back!

We hope that you had a fantastic break and are recharged for what promises to be a busy summer term for PE, school sport & physical activity.

As we look forward to (hopefully!) better weather in the summer term and warmer days, we are preparing for some of our most popular events of the year and a real push to get children and young people outside and moving more often to achieve a minimum of 60 minutes of physical activity every day.

Our membership offers for next academic year are almost ready to share so please look out for these and thanks to everyone who has fed back on this year's offer for us to adapt and improve moving forward.

Apprentices for 2024/25 academic year

inspire+

Thanks to all of the schools who have already shown an interest in exploring the possibility of employing an apprentice next academic year through our partnership with Inspire+.

As a further introduction we have scheduled a Teams meeting with Vincent Brittain, CEO of Inspire+ to give further insight and answer any questions that you may have. During the meeting we will also hear from an inspire+ apprentice already working within the city at a local primary school and her mentor which will give an insight into what is involved from a school perspective and what fantastic benefits having a school sport & PE apprentice can have within your school in improving your curricular & extra-curricular deliveries and attendance at events.

Apprentice Teams Meeting with Inspire+

Tuesday 16th April at 3.30pm (45 minutes maximum planned)

Please contact Dan if you would like to attend for the meeting link dhewins@crownhills.leicester.sch.uk

National School Sports Week

Monday 17 to Sunday 23 June 2024



This year's theme, powered by Sports Direct's Monster Kickabout, brings a special one-off Euro 2024 event that emphasises football as a means to engage young people in 60 minutes a day of PE, sport and play. Partnering with Nike, the campaign aims to 'put the all back into football' while promoting fun, inclusivity, and the importance of regular physical activity. By registering, schools will receive free equipment, resources, lesson plans, classroom activities co-created by Youth Sport Trust, Sports Direct, and incredible young people from North Kent College, ensuring a week of enjoyment lots of fun! We will be bringing all your favourite sports and school subjects together through football, helping teachers host a weeklong National School Sports Week celebration encouraging young people to get their 60 minutes a day of PE, sport and play!

[Sign your school up today!](#)

Girls Football Week

#LETGIRLSPLAY

Thank you to all the schools who got involved in girls football week and sent in results for our football challenges. It was a huge success, and it was great to have so many schools involved in the week. Its great so see so many budding young female footballers in Leicester City! Congratulations to Overdale Junior and Stokes Wood Primary who both had winners for our football challenges. We look forward to presenting them with their prizes.

LLR Girls Football Week -

Design a Football Kit Winners

Congratulations to all of the entrants into our county competition to design a football kit. The winners are in, [CLICK HERE](#) to watch the video to see if our city school designs made the podium!?!



Fancy playing tennis? Leicestershire Tennis and Squash Club are welcoming new children for their summer term coaching for all ages. [Please click here for leaflet attached](#)



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WEEKLY UPDATE

PRIMARY AGE GROUPS



Online Primary Shooting Stars SEND Training

The final online SEND Shooting Stars training for school staff working in primary schools is now available to book. This is an opportunity to improve your inclusive delivery skills and to be part of the fantastic Disney Inspired programme designed to engage pupils of all abilities in fun, active activities based around Disney themed story telling – great fun for deliverers and children!

The final online course of the year is on the 14th May, 3.30-5.30pm. Please click here to register.



Resource - Find a club or session to support your pupils to be active outside of school

Active Together have some fantastic resources to search for activities near to you which you can promote to students and their families.

These links would be great to have on your website if your provider has the capability so that families can access routes to a healthier lifestyle through your school site:

[Sports Club/Organisation/Venue Directory](#)

[Search A-Z of Sport, Physical Activity & Wellbeing](#)



Leicestershire Tennis Club – This Girl Can Festival

There are spaces available for a full day's 'This Girl Can Festival' on Thursday 23rd May at Leicestershire Tennis and Squash Club. The all-day event is for up to 15 girls from each school who have been involved in a girls-only group in schools. The event will involve the girls trying lots of different sports activities throughout the day. The event spaces will be allocated on a first-come-first-serve basis.

Please email Jen Gadsby jgadsby@crownhills.leicester.sch.uk for more information or to sign up.



Girls' Emotional Resilience Programme

Supporting Transition for Year 5 & 6 selected pupils



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WEEKLY UPDATE SECONDARY AGE GROUPS



Resource - Talking to someone about their Mental Health

As the final term of the school year begins students and colleagues will face increasing levels of stress and pressure from many different sources. It is important to recognise the signs when people may be struggling and to be able to address this in an appropriate way.

[Mental Health UK](#) are an organisation that offer great support and resources:

[HERE](#) is a great guide supporting conversations about mental health.

Other downloadable resources can be found on their website [HERE](#).



Resource - Find a club or session to support your students to be active outside of school

Active Together have some fantastic resources to search for activities near to you which you can promote to students and their families.

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[Search A-Z of Sport, Physical Activity & Wellbeing](#)



Leicestershire Tennis Club - This Girl Can Festival

There are spaces available for a full day's 'This Girl Can Festival' on Wednesday 19th June at Leicestershire Tennis and Squash Club. The all-day event is for up to 15 girls from each school who have been involved in a girls-only group in schools. The event will involve the girls trying lots of different sports activities throughout the day. The event spaces will be allocated on a first-come-first-serve basis.

Please email Jen Gadsby jgadsby@crownhills.leicester.sch.uk for more information or to Sign up.



“Girls who believe in themselves can achieve anything.”



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