

Wednesday 17th January 2024

WEEKLY UPDATE ALL SCHOOLS



YST Inclusion Webinars



To access the overview of the week with booking links please [CLICK HERE](#).

About the week

Inclusion 2024 Live is an interactive online week of free to access, virtual Special Educational Needs and Disability (SEND) Inclusion webinars. The week provides the opportunity for teachers, school staff, community providers and sports organisations to listen to and learn from experienced practitioners and young people. With 389,171 young people having an Education Health Care Plan and 1,183,384 receiving SEN support in our schools, there has never been a more important time to show the importance and positive impact being active has for SEND young people.

When is it taking place?

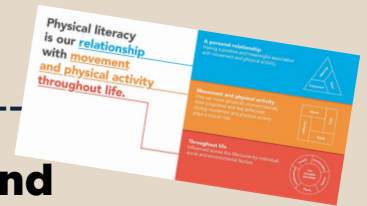
29th January – 2nd February 2024

Where?

Online – you can register for webinars and workshops at: www.youthsporttrust.org/inclusion-2024-live

In this toolkit you will find:

- Full timetable and description of webinars throughout the week.
- Suggested social media messaging to help share the message about the week.
- Suggested email template for you to share with interested colleagues and in your wider network.
- Some further information about Inclusion 2024.
- Downloadable images to accompany social media posts.



Physical Literacy Consensus Statement for England

The Physical Literacy Consensus Statement for England has been developed to facilitate a shared understanding of physical literacy for those working in the sport, education, physical activity, recreation, play, health and youth sectors. More than 50 organisations from the world of sport, health, education, academia, and community sectors came together to 'unite' perspectives on physical literacy. This was a truly collective process and the expertise, guidance and support of a number of organisations has proved invaluable in the creation of the statement.

The consensus statement helps us to recognise that everyone has a unique and complex relationship with sport, physical activity and movement. What makes a positive experience for one may be a negative experience for another.

It isn't always easy to live an active life and we know that personal circumstances and wider socioeconomic factors make a significant difference. We need to listen and respond to individual needs and circumstances and recognise that these change over time. We also need to provide a safe, inclusive and supportive environment. The consensus statement helps us recognise that everyone has a unique and complex relationship with sport, physical activity and movement and collectively we need to use physical literacy as our guiding principle to develop the wellbeing of our nation at both a national and local level.

Physical Literacy Consensus Statement for England Explained

[CLICK HERE](#) to hear a podcast from the YST's Emma Mackenzie-Hogg talking about the importance of a shared and consistent approach to physical literacy.

Health and Wellbeing Programmes

Please click [here](#) to view a document containing the main details of our health and wellbeing programs. If you would like more information please email: skaur@crownhills.leicester.sch.uk.



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PRIMARY AGE GROUPS



Aim Strong Sport

Aim Strong Sport provide professional development for teachers in SAQ (Speed, Agility, Quickness). Their courses and activities are designed and run by industry experts to ensure the best experience for our learners.

They specialize in Table Tennis resources and SAQ CPD. [Please visit their website for table tennis support and see their CPD offer below.](#)

For any enquiries for anything outside the CPD below, please contact Managing Director Harry White who will be glad to hear from you: harry@aimstrongsport.com

Online CPD: SAQ (speed Agility Quickness) for Early Essential Movement Patterns

This fully online course is designed for Early Years Practitioners and Primary School Teachers and covers the development of essential movement patterns for children.

By engaging in a range of fun, creative floor-based activities, participants will learn how to create a foundation for all learning and promote brain development.

It is suitable for various settings, including Early Years settings, primary schools, community groups, and young parents.

Enrol now for £90! (10% Off!)

Booking multiple delegates? Receive 20% Discount for 4 places or more!

To book multiple places for your organisation please email delegate details to:

info@saglearning.com



[Read more about this course](#)

Inclusive PE & Top Sportsability CPD

Organised by our SSPAN colleagues in South Charnwood & Melton and run by YST Tutor Paul Lord, wider places are now being offered across LLR for this highly-rated CPD. Details and booking link can be found below:

- Date: Friday 26th January
- Time: Arrive from 9:00am for a 9:30am start 3:00pm finish and depart
- Venue: The Cedars Academy, Birstall, LE4 4GH (Palmer-Tomkinson Centre)
- Cost: £100 per delegate
- Suitable for: Primary PE Leads



This will help you: create a more inclusive offer for all young people to have access to school sport and physical activity especially those with special educational needs and disability.

Supporting your young people: with special educational needs and disabilities to be fully included and participate in sport and physical activity.

Accompanying resource: <https://www.youthsporttrust.org/topsportsability> (free to access).

[BOOK HERE](#) Deadline for booking is Friday 19th January 2024



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SECONDARY AGE GROUPS



Secondary PE CPD

The county Barclays Girls' Football School partnerships are hosting a FREE Secondary PE Teachers CPD designed to support the professional development of teachers and trainee teachers who deliver physical education. The course aims to develop confidence and competence to plan and teach high-quality PE lessons. Details of this CPD are below:

- Date: Wednesday 20th March 2024
- Time: 1-4pm
- Venue: Bosworth Academy, LE9 9JL
- Course: England Football Learning, Secondary PE Teachers CPD

Led by England Football Learning tutors, you will develop a knowledge, understanding and application of:

- Module 1 - Holistic Development
- Module 2 - Learning through Games
- Module 3 - High-quality Teaching and Learning in PE
- Module 4 - Mapping a PE Curriculum



Upon completion, you will receive a digital certificate. You'll be able to apply your learning to PE lessons and programmes as part of a wider PE curriculum.

Please express your interest in the course [here](#) by Monday 11th March. Bookings will be confirmed via email.

NEW SHOWCASE EVENT: #LetGirlsPlay Football Leadership CPD Conference - Tuesday 12th March

Check your inboxes to sign up for our new showcase leadership CPD conference at the Morningside Arena.



What will the conference involve?

- Schools are invited to bring 6 girls in Key Stage 3 who will take part in 'Game On- Go Lead' training throughout the day and will then become Girls Football Activators for your school - please see attached Game on - Go Lead brochure.
- Each student will receive a T Shirt & Hoodie on completion of the training to wear as ambassadors when delivering back in school, alongside a range of excellent resources associated with the Game on - Go Lead programme to support them on their leadership journey.
- Staff members will be shadowing the sessions and will receive enhanced CPD on the Go-Teach programme which will bring top life and enhance the online training which is a pre-requisite of the conference.
[To register for the online course, PLEASE CLICK HERE.](#)
- We will have a special guest speaker, delivery from Youth Sport Trust expert tutors, free gifts and much more!

What happens after the conference?

- After the conference, the Girls Football Activators will be tasked to organise a festival in school linked in to the Paris 2024 Olympics being held this summer. In addition, the activators will be supported to introduce or enhance lunchtime girls' football opportunities and intra-school sporting activities for girls.
- The Girls' Football Activators will also be tasked to promote girls' football in school with their peers and help us in our mission to achieve equal gender access to football in schools by July 2024.

What next?

We really hope you appreciate this fantastic opportunity to bring selected students to such a fantastic venue who in turn will support your team in school to develop girls' football further.



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