

Wednesday 14th February, 2024

WEEKLY UPDATE

ALL SCHOOLS

HAPPY
Valentine's Day



Win a Football Legend visit to your school

Does your school want to be in with a chance of winning a visit from England and Arsenal superstar, Rachel Yankey? Register your school to take part in the Biggest Ever Football Session before the 23rd of February, to be entered into a prize draw. Complete the form below to get started.

[REGISTER NOW](#)

Biggest Ever Football Session

On Friday 8 March 2024 the #LetGirlsPlay Biggest Ever Football Session will take place, aiming to get as many girls as possible all playing football on the same day in schools across England. To support you in promoting the event and signposting schools and teachers to sign up, you can download a toolkit of assets for social media, posters and suggested copy. [PLEASE CLICK HERE](#)
Schools can sign up to register for the event by clicking below.



[REGISTER NOW](#)

Once signed up please email Jen to receive your Leicester, Leicestershire and Rutland girls football week resources including assembly slides, social media posts, posters, festival resources and more Jgadsby@crownhills.leicester.sch.uk

Active Together Physical Activity & Sport Hardship Fund for Young People - Round 2 open for applications

Active Together is looking to support young people from Leicestershire, Leicester and Rutland, in the greatest financial need, to access physical activity and sport. The Young People Physical Activity & Sport Hardship Fund is aimed at helping young people overcome financial constraints affecting their continued involvement in physical activity and sport as a participant, official, coach, volunteer or talented sports person.

In order to apply, young people must live in Leicestershire, Leicester or Rutland and should be aged 21 years or under on 31 March, or up to the age of 25 for young people with special educational needs and disability (SEND). Priority will be given to:

- Applications from young people from low socio-economic backgrounds, ethnically diverse communities and those with a disability or long-term health condition.
- A young person's financial need, including (but not limited to) household income, free school meal eligibility, nature and cost of the sport or activity.
- Young people who have not received funding from other organisations.

Round 2 is now open and will close on **Sunday 17th March**.



[FIND OUT MORE](#)

AfPE Safe Practice Book - Copies available

Safe Practice: in Physical Education, School Sport and Physical Activity is the essential reference and developmental tool that offers up-to-date advice across PESSPA, to help teachers, coaches and school governors protect their students and themselves from potential risks across both the curriculum and extra-curricular activities. We can't advocate strongly enough for schools to have a copy of this and to use it as the basis of all PE, Sport & Physical Activity H&S planning and risk assessments. We have a few spare copies in our office which we can pass on to schools if you don't have one, please get in touch:

inspiretogether@crownhills.leicester.sch.uk



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WEEKLY UPDATE PRIMARY AGE GROUPS

**INSPIRE
TOGETHER**
A healthier, happier, future generation

Disney Inspired Shooting Stars - Staff CPD

We are delighted to offer an opportunity to upskill school staff to enhance your school's provision for Key stage 1 & 2 girls of all abilities through face-to-face delivery of the Disney Inspired Shooting Stars workshop.

The recommended audience is school staff who support lunchtime and after-school play. This can be teachers, teaching assistants, lunchtime supervisors or other support staff. The programme is also suitable for teachers who want to cascade their learning on to playground leaders.

- Cost: FREE to schools registered with their local Barclays Girls' School Football Partnership
- Delivered by: Paul Lord (Youth Sport Trust Tutor, inclusion specialist)
- Date: Friday 15th March, 9:00am - 12:00pm (registration open until Wednesday 13th March)
- Location: Goals Leicester, Wakerley Road LE5 4WJ
- Maximum capacity 24 delegates

[Please register your interest to attend HERE.](#)



Big Moves Fundamental Movement - Staff CPD

We are delighted to offer an opportunity to upskill staff to enhance your Foundation and Key Stage 1 Fundamental Skills Development through the popular Big Moves programme. The course will be tutored by the founder of Big Moves, Elaine Cowley. The BIG MOVES Intervention Programme has been created to help children in mainstream schools improve their physical development and has impacts on wider school life, including developing listening and concentration, learning success and appropriate behaviour. Developed by Elaine Cowley- a Developmental Movement Practitioner, over a six-year period in a Leicestershire school, this programme is based on how the brain develops in early childhood and the foundation sensory and motor skills that every child needs to succeed in school and life. It explains the BIG MOVES every child has to experience in childhood before they can move on to using the small moves of the eyes and fingers for learning in the classroom.

- Cost: £65 to Inspire Together Members
- Date: Thursday 18th April, 09:30 - 15:30 (registration open until Friday 22nd March)
- Location: Rolleston Primary School (Sportshall), car park entry postcode LE2 9RP
- Maximum capacity 24 delegates

[Please register your interest to attend HERE.](#)



Move It March coming soon! - Friday 1st March - Sunday 31st March

For all Key Stage 1, Key Stage 2 Pupils and Staff! Please keep an eye out for emails and on our social media page on how to get involved!

- Aimed at KS1, KS2 pupils and staff across Leicester City Primary and Special Schools
- Complete 60 minutes of any physical activity on at least 31 days (you can do more)
- Submit your total amount of physical activity minutes to your teachers by 31st of March
- Prizes for the Boy, Girl and Teacher with the most recorded minutes in each Year group in each school.
- The school that records the most active minutes will be crowned Leicester City Champions.
- Video Prize- School with the most creative Move It March promo video/reel.
- School Games prize -The school with the most inspiring School Games blog.



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WEEKLY UPDATE

SECONDARY AGE GROUPS



Reward & Recognise

Pupils & Staff who make a difference at your school

The FA are celebrating pupils and staff who have rallied for change and helped change perceptions of girls' football in their school. Does this sound like someone you know?

Pupils who have gone above and beyond to show that this is a sport for all, or staff who have fought hard to provide equal access, we want to hear their stories!

Nominate them for a #LetGirlsPlay Award and give them the glory and the chance to be rewarded with a trip to Wembley to watch The Women's FA Cup Final, plus so much more.

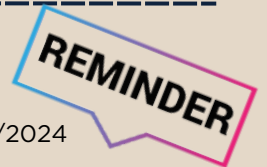


NOMINATE NOW

NEW SHOWCASE EVENT

Please get your replies in for the NEW SHOWCASE EVENT:

#LetGirlsPlay Football Leadership CPD Conference on Tuesday 12th March by THIS FRIDAY 16/02/2024



Leicestershire Schools Badminton Doubles Competition

For Years 7-11 – Sunday 21st April 2024. For more information how to enter [PLEASE CLICK HERE](#)



Boys move

Using sport & physical activity as a tool to engage and develop vulnerable students

Confidence/Behaviour Intervention Programme

A 6-week programme is included in your Inspire Together Membership

Already 7 of our member schools have benefited from the programme having a lasting positive impact on 150 previously disengaged students. [These students are now managing their school day in a more positive way.](#)

- Designed to improve understanding across the school of the challenges boys face as they transition through secondary school.
- A professional development programme designed to equip educators with the principles of how to use sport and play to address the mental health and well-being issues of adolescent boys.
- Designed to improve mental health and well-being of the target group.
- Designed to get boys engaged through the power of PE and sport hopefully getting them back into class without causing disruption.
- Targeted at secondary school boys with behavioural or mental health issues.

We are now planning programmes for the summer term - BOOK NOW!

Email:

ahalford@crownhills.leicester.sch.uk

inspiretogether@crownhills.leicester.sch.uk

to see what impact the programme could have on your school and to book your sessions.



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