

# WEEKLY UPDATE

## ALL SCHOOLS



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### Dodgeball Coaching CPD Opportunities

Level 2 coaching courses are now available in the East Midlands region. The Level 2 Certificate in Coaching Dodgeball provides you with the training to be able to coach dodgeball skills and make technical corrections to improve player performance; teach an increasing range of offensive and defensive strategies to improve tactical understanding; understand and apply the dodgeball ruleset to sessions, with the ability to adapt rules to increase the rate of player development; lead safe sessions and understand and apply a range of coaching approaches. This is a blended learning course, consisting of 30 minutes of pre-course learning and then 8 hours of practical learning and assessment on a Level 2 coaching course. This coaching certificate enables participants to deliver dodgeball sessions independently as part of the British Dodgeball minimum deployment requirements.

**We have Level 2 courses coming up in:**

- Nottinghamshire, Cotgrave - 26th November 2023
- Nottinghamshire, Cotgrave - 17th March 2024

Please book places through [this link](#)

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### Visually Impaired Football CPD

The FA are delivering their Project B1 CPD for staff who have Visually Impaired young people in their school/college. There are 40 resource packs available, which include blindfolds, audible footballs and printed resources which will be distributed on a first come first served basis at the training course detailed below (if you have already received this pack please make this known when submitting your form so that others don't miss out). To access the free resources and training your school must be engaging at least one partially sighted/blind young person.

The games included in the CPD will provide a level playing field for fully sighted and visually impaired players to play together, as everyone will wear blindfolds.

Course: Engaging Visually Impaired and Blind Young People in Football

**Date: Wednesday 22nd November**

**Time: 1-4pm**

**Venue: Goals Leicester, Wakerley Road, Leicester LE5 4WJ**

**Cost: FREE (your school must be engaging at least one partially sighted/blind young person)**

Please click this link for more information and to register for your place on the course, places are limited.

[Project B1 - School Training Sign Up](#)

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### Additional virtual 'Inspire' activity opportunities for schools and individuals

Active Together, in partnership with our School Sport and Physical Activity Networks (SSPANs), have developed the INSPIRE-DEVELOP-EXCEL Framework, which aims to support the wellbeing and development of children and young people in Leicester-Shire & Rutland, as well as tackling inequalities through sport and physical activity.

INSPIRE encourages young people to engage, participate & learn through fun sport & physical activity opportunities that interest and excite them; developing a positive and meaningful relationship with movement and physical activity, acquiring lifelong learning and promoting social & emotional wellbeing. Over the course of the academic year, we will be introducing a variety of different 'Inspirations.' This November we are launching our 'My Personal Best Challenge,' 10 simple physical activity challenges that children and young people can have a go at in school or at home.

For more information about how to get involved both in school or at home & to access these FREE resources:

Visit the [Active Together website](#)



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# WEEKLY UPDATE

## PRIMARY AGE GROUPS



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### Teach Active Webinar

Unlock the power of Active Maths in our upcoming webinar, hosted by Teach Active Founder, Jon Smedley! Discover how these active lessons are not only transforming attitudes and attainment but also fostering healthier and happier children! During our special 'Maths Week' event Jon will delve into the 'Why' and 'How' of integrating Active Maths into your curriculum including invaluable insights and practical strategies to improve engagement and well-being in your classroom.

#### Webinar Highlights:

**Why Active Learning?:** We'll Discuss the rationale behind Active Maths, backed by research and real success stories.

**How can i use this in my school?:** Learn hands-on strategies for seamlessly introducing Active Maths into your existing curriculum, making learning more dynamic and enjoyable.

**Exclusive offers and Resource Access:** Gain full access to the Teach Active resource, empowering you to implement these transformative techniques immediately in your classroom.

[To register please click here](#)

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### FREE Kimbles Music & Movement Staff CPD

Join in the fun of Kimble's Music and Movement: facilitating a toe tapping, foot stomping, thigh slapping, tummy tickling, instrument playing, lycra pulling, parachute waving, bottom wriggling, fun filled experience for both carers and children alike.

**Cost:** Free of Charge for those who live or work within Leicestershire, Leicester or Rutland

Should you need to cancel your place and are unable to attend please let us know. If this is outside of 12 hours notice then you will be charged a £10 per person cancellation charge.

[To book a place please click here](#)

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### Bringing Rise Gymnastics to Life Workshop

**Cost:** FREE to Inspire Together Members

**Date:** Thursday 30th November (registration open until Monday 27th November)

**Duration:** 1-4pm

**Location:** Rolleston Primary School (Sports hall)

Maximum capacity 24 delegates

[Please register your interest to attend HERE.](#)

The 3 hour workshop will be split into approximately two hours of support around routines and event participation, and an hour of curriculum support using the Rise resources.

Course Outcomes:

Preparing for the Rise Gymnastics event:

- Understand the aims of the format to run inclusive, fun events.
- Understand and learn the routines for the Development Event in March.
- Understand the scoring and judging scoring of the event and how it encourages gymnasts to achieve their personal bests through positive recognition.
- Curriculum support:
- An opportunity to see and understand the resource cards and how they can be used in the curriculum.
- Understand which resource is best for your setting.
- Understand all components within Rise Gymnastics and how to deliver the programme within your setting.
- Understand the progressive pathway of Rise Gymnastics.



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Wednesday, 15th November 2023

# WEEKLY UPDATE

## SECONDARY AGE GROUPS



### Barclays Game Changers

Barclays Game Changers (Girls' Football in school individual leadership opportunity)

Do you have a great female leader aged 12-15 within your school/college who has the potential to be one of Leicester's Barclays Game Changers?

#### What is the Programme?

Barclays Game Changers are inspirational female leaders supporting girls' engagement in football in their local area as part of a wider community of young women and girls across England supporting #LetGirlsPlay

#### The Game Changers will:

- Create a local change and advocate for girls' football across their own secondary school or academy trust (this can cover both curriculum and extra-curricular spaces)
- Using their powerful story and passion for football, recruit a team of ambassadors or allies to support the message for equal access to girls' football. This might start in their secondary school and expand further across your network schools
- Using key moments such as the #LetGirlsPlay Biggest Ever Football Session and the FIFA Women's World Cup 2023, Barclays Game Changers will help to set up and run events or festivals to impact locally and across the partnership

#### Will they receive training?

New Barclays Game Changers will need to attend a 90-minute virtual live session which will give them the skills and confidence they need to start their journey with the programme.

Being a Barclays Game Changer will open a wide range of opportunities both locally and beyond with the right support from their school. This could range from inspiring girls in-school who don't currently play to attending national training opportunities and international matches!

#### What next?

We have 16 spaces available across the city, 8 East and 8 West.

[Please access the teacher information booklet here](#) for more information.

Please send your nominations through to [jgadsby@crownhills.leicester.sch.uk](mailto:jgadsby@crownhills.leicester.sch.uk) by Friday 8th December, with a description of why the student has been nominated. Applications will then be sent through to Barclays in January. All students nominated by their school to be a Barclays Game Changer will receive a certificate.



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