



01

Transition

03

Know your school

05



Friendship



02



Communication



04



Know your class

## Mo's Mission

We're supporting Four-time Olympic Champion Sir Mo Farah CBE with 'Mo's Mission'. The National School Sport Champion for the Youth Sport Trust charity has launched Mo's Mission to empower more children in the UK to be physically active. He wants all children and young people to get 60 minutes a day of PE, sport and play. For more information please visit <https://www.youthsporttrust.org/mos-mission>



BACK  
TO  
SCHOOL

