



CROWN HILLS
COMMUNITY COLLEGE
A Specialist Sports College

Appointment Information

Health and Wellbeing Coach



**INSPIRE
TOGETHER** 
A healthier, happier, future generation



Crown Hills Community College
Gwendolen Road, Leicester LE5 5FT
Tel: 0116 273 6893
office@crownhills.leicester.sch.uk
crownhills.com





Dear prospective applicant,

Thank you for expressing an interest in this key vacancy as part of the Inspire Together team based at our college.

Over the last six years we have been on a journey to try and make this school not only one of the best schools for children to attend but also one of the best schools to work in as a member of staff. That is extremely rare, and we urge you to come and see us in action, speak to the staff and speak to the students. Every decision that we take is done with a lot of thought and consideration and we put wellbeing at the centre, so that teachers can teach, and students can learn.

This podcast and article by the Youth Sport Trust gives you a glimpse of our approach at Crown Hills Community College - Well Schools Podcast – Episode 2 CHCC.

There is always a tension between wellbeing and accountability, but I do believe that we are getting closer to finding the sweet spot between the two. Although it is not the end of our journey, we have been recognised for the work we do in this area; we have won the wellbeing school of the year award and have also been shortlisted for the prestigious Pearson's Award for secondary school of the year 2023.

Inspire Together are an innovative, not-for-profit organisation who have developed a network of schools and partner organisations to improve the health and wellbeing of young people. We work across six key-strands to strive towards our vision: 'Every young person enjoys being active so they have the long-term benefits of a healthy, happy lifestyle.'

Inspire Together's health & wellbeing strand of work provides vital, targeted intervention programmes in partnership with Leicester City Public Health to close the gap on inequalities in Leicester, supporting the most vulnerable young people in the city. We work extensively with the Active Partnership, Youth Sport Trust and local authority to ensure that our work contributes towards the key strategic aims of the Active Leicester strategy 'Turning the Tide on Inactivity', specifically aim 1; Active Start. Our Health & Wellbeing coaches play a vital role representing the organisation in our schools and communities, working with young people who face many barriers to a healthy lifestyle. Our programmes need to be delivered in an inspirational, supportive way which above all children find fun and engaging to bring the best out of them and to help them to find enjoyment in movement to support activity for life.

These are indeed exciting times to join us and make a difference to the lives of others.

We have a very different approach and we are trying to create a very different culture at CHCC and Inspire Together, a culture whereby those in leadership do not hold authority and deserve to be followed; leaders at CHCC have to earn the right to lead and we welcome and appreciate challenge if we do not live up to the standards that are expected of us.

The THIRST values permeate all that we do and are a framework that staff can hold leaders to account for the way that they lead. We have high expectations, but we will provide the support, training and resources for you to deliver the best possible education for our students.

We are very clear that the gender, background, colour, poverty, wealth or social status of a child should have no bearing on how well they perform, and staff here work extremely hard in trying to close that gap between the different groups of pupils. As a result, we have improved our headline figures year on year and initial analysis places us in the top 12% of schools nationally for progress, although we know that we can still do better.

I would urge you to read our Wellbeing charter that provides you with an understanding of things that we do to just make your job that little bit easier, not tokenistic but just genuine little things that help.

If you would like to discuss the role in confidence, please contact Inspire Together Manager Dan Hewins, dhewins@crownhills.leicester.sch.uk or phone 07511 163 783.

Please read the attached job description and person specification. If you are interested in applying, please fill in the application form available on our eteach portal, <https://www.eteach.com/jobs/crown-hills-community-college-jobs-9453/?oo=ag> please include e-mail addresses of all referees, together with a letter of application (no more than 2 sides of A4, font 12) outlining your skills, qualifications and experience relevant to this post by 9am on Monday 12th May 2025. Please include your cover letter in the supporting statement section.

Deadline for applications: 9am, Monday 12th May 2025
Interviews likely to be in the week beginning 19th May 2025
Start as soon as possible

Yours sincerely,

A handwritten signature in black ink, appearing to read 'F Adam', with a long horizontal flourish underneath.

Mr F Adam
(Principal)

JOB DESCRIPTION

Job Title: Health and Wellbeing Coach	11-16	Maintained
College: Crown Hills Community College	Grade:	Grade 4, Point 7
Reports to: Inspire Together Managers & Assistant Principal	Salary: £21,785 (Actual Salary) £25,584 (Full Time Equivalent)	
Term: Permanent- Term Time		
Full-time, 37 hours per week, term-time only, plus 3 teacher days. This will include work up until 6pm on some occasions. This post is aligned to the LCC Single Central JD - E9043B.		

JOB PURPOSE SUMMARY

- To take a lead role in the planning and delivery of Inspire Together's Health and Wellbeing strand of work.
- To support 60 Active Minutes a Day for all children and young people, with a particular focus on those facing barriers for socio-economic reasons.
- To plan and deliver intervention sessions for the least active children and young people in Leicester's primary and secondary schools.
- To provide outstanding advocacy and support across the wider network of partners.
- To ensure that the needs of children & young people are central to all that is done.

CORE OBJECTIVES

1. To contribute to Leicester's 'Turning the Tide on Inactivity' strategy as a key part of aim 1, Active Start.
2. To support the ambition of at least 60 active minutes per day for all children and young people in Leicester.
3. To increase physical activity levels in the least active children and young people living in Leicester through school-based intervention physical activity programmes.
4. To inspire and educate children and young people, families and community groups to participate in physical activity and healthy behaviours/lifestyles.
5. Delivering on Inspire Together's Vision 'That every young person enjoys being active so that they have the long-term benefits of a healthy, happy lifestyle.'

OVERALL RESPONSIBILITIES

- Planning, delivering and monitoring a coordinated programme of high-quality physical activity, health & wellbeing for young people, families and school staff in Leicester.
- Deliver programmes as part of the health, wellbeing and community strand of Inspire Together, including the following programmes in primary and/or secondary schools: Girls'-only 'This Girl Can', Healthy Weight & nutrition intervention, Balanceability, Learn to Ride and low-level Mental Health interventions.
- Mentoring school staff through the delivery of sessions to understand and use the resources provided for sustained delivery within schools.
- To promote and share appropriate opportunities for children and young people both in and out of school to support a minimum of 60 active minutes a day.
- Representing Inspire Together and Crown Hills CC to the highest standards to young people, families, school staff and wider partners.
- Provide outstanding advocacy and support across the wider network.
- Ensure that the needs of all young people are central to all that is done.
- Any other duties commensurate with the overall scope of this position. This job description sets out the duties of the post at the time it was drawn up. The Inspire Together Manager may vary the duties from time to time without changing their general character or the level of responsibility entailed.

RELATIONSHIP TO OTHERS

- a. Ability to work on your own initiative and be proactive, as well as being an effective team member
- b. Able to deal sensitively and appropriately with confidential information
- c. Maintain good working relationships with colleagues, students, parents/carers, governors, the community and Local Authority and ensure all communication is consistent with the school's ethos.
- d. Lead with the THIRST values of the college at the core of everything that we do.

ACCOUNTABILITY

- a. To hold yourself and others accountable to the values and standards that the college, Inspire Together and those that the profession are expected to uphold.
- b. Make best use of all resources to support the development and implementation of Inspire Together programmes for the benefit of young people and communities in Leicester.
- c. Manage registers, monitor and collect all necessary data to influence reports, case studies and evidence in line with GDPR and other relevant policies.
- d. Support the consistent messaging to parents/carers, young people and partners about Inspire Together's role in supporting the health & wellbeing of young people and their families, influencing behavioural change for healthier, happier lifestyles.
- d. To accept challenge and support from line management, Inspire Together Governance and the college Governing Body.

SPECIAL FACTORS

Subject to the duration of the need, the special conditions given below apply:

- (a) The nature of the work may involve the post-holder carrying out work outside of normal school working hours.
- (b) The post-holder may be required to attend, from time to time, training courses, conferences, seminars or other meetings as required by his/her own training needs and the needs of the service.
- (c) Expenses will be paid in accordance with the Local Conditions of Service.
- (d) This post is subject to a check being carried out at an Enhanced level by the Criminal Records Bureau regarding any previous criminal record.
- (e) The post-holder will be expected to travel across Leicester transporting the necessary equipment to and from sessions.
- (f) Subject to review, the post will attract a Casual user car allowance.

This job description sets out the duties and responsibilities of the post at the time when it was drawn up. Such duties and responsibilities may vary from time to time without changing the general character of the duties or the level of responsibility entailed. Such variations are a common occurrence and cannot themselves justify a reconsideration of the grading of the post.

PERSON SPECIFICATION

No.	CATEGORIES	Essential/ Desirable	Application Form	Interview / Task
-----	------------	-------------------------	---------------------	---------------------

TRAINING & EDUCATION

1	Minimum of a Level 2 UKCC Coaching award or equivalent in at least one sport.	E	✓	
2	Additional health, sport or physical activity qualifications to broaden the range of delivery.	D	✓	
3	Evidence of continuous professional development.	E	✓	
4	First Aid qualification.	D	✓	
5	Current Safeguarding/Prevent training.	D	✓	

PROVEN EXPERIENCE IN THE FOLLOWING AREAS

6	Delivering sessions within a school/community setting to various audiences of children & young people.	E	✓	✓
7	Physical Activity, Health and Well-Being/ or Community Development.	E	✓	✓
8	Successfully managing large scale sport/physical activity/ sports projects/ initiatives / programmes.	D	✓	
9	Partnership & teamworking.	E	✓	✓
10	Supporting and mentoring staff and/or volunteers.	D	✓	
11	Reporting and evidencing impact to managers and/or stake holders.	E	✓	✓

ABILITY, SKILLS & KNOWLEDGE

12	Knowledge and understanding of children & adult's recommended physical activity levels aligned to the CMO guidelines.	E	✓	✓
13	Able to plan, deliver a progressive sessional programme with assessment criteria.	E	✓	✓
14	Ability to creatively adapt sessions at short notice using the STEP model when needed to ensure a positive session for all participants.	E		✓
15	Knowledge and understanding of safeguarding and child protection within sport including health & safety/risk assessment.	E	✓	✓
16	Able to coach, inspire and motivate young people and staff.	E	✓	✓
17	Knowledge and understanding of Physical Activity for SEND pupils.	D	✓	✓
18	Proven ability to work innovatively to remove barriers from participation.	E	✓	✓
19	Ability to work autonomously, prioritise conflicting demands and thrive under pressure.	E	✓	
20	Sound working knowledge of Microsoft office i.e. Word, Excel, PowerPoint, Outlook 365, Teams etc.	E	✓	
21	Is a strong team player with good interpersonal skills..	E	✓	✓

PERSONAL QUALITIES

22	Has excellent organisational, planning and communication skills.	E	✓	✓
23	Commitment to working flexibly outside of school hours to achieve outstanding outcomes.	E	✓	
24	Passionate belief in the school's & organisations aims and values.	E	✓	✓

25	Highest level of professional and personal integrity.	E	✓	✓
26	A strong commitment to inclusion and overcoming barriers.	E	✓	✓
27	Personal resilience, persistence and perseverance.	E	✓	✓
28	Commitment to the pursuit of continuous professional development for oneself and others.	E	✓	✓
29	A sense of humour.	E		✓