## **VEEKLY UPDATE ALL SCHOOLS**



#### Join a Tennis Club for Christmas!

For juniors, tennis is a superb game for any child to learn. Tennis is a skill for life, sociable and lifeenhancing. Go to any city in the country, any country in the world, visit the local tennis club, and immediately you will have a new circle of friends with a common interest. What a great gift for any parent to give to a child!

The Leicestershire Tennis Club offer sessions for ages 5 upwards throughout the week and would welcome new members of all abilities into their friendly and inclusive club.

CLICK HERE for information of the sessions or feel free to email or call: manager@leicestershire-tennis.co.uk or 0116 270 8813

## Discounted Tickets for Schools to attend Wimbledon Championships '24

The LTA Youth Schools Wimbledon Ballot is now open and will close on Friday 19 January 2024 at 16:00.

Tickets for No. 1 Court, No. 2 Court, and No. 3 Court are 50% off - you may, however, choose full-price Centre Court tickets when planning your school trip to The Championships 2024.



#### Young People Physical Activity & Sport Hardship Fund

Active Together is looking to support young people from Leicestershire, Leicester and Rutland, in the greatest financial need, to access physical activity and sport. The Young People Physical Activity & Sport Hardship Fund is aimed at helping young people overcome financial constraints affecting their continued involvement in physical activity and sport as a participant, official, coach, volunteer or talented sportsperson:

- 1. Participant for young people who are not able to access sport or physical activity due to the cost of membership fees/subs or who may need support with the purchase of kit or equipment required to participate.
- 2.Coach/Official for young people who have a passion for coaching or officiating in sport but are unable to access coaching or officiating courses/qualifications due to the cost of training.
- 3. Volunteer for committed young people who would like to give their time to volunteer in sport or physical activity, however they may face barriers such as the cost of transport to access the activity.
- 4. Talented sportsperson for young people who compete at a Regional, National or International level however cost is a barrier to travelling to competitions, purchasing equipment etc.

#### **Timescales**

There will be two windows to apply for funding:

- · Round 1 deadline: Sunday 21st January 2024
- · Round 2 deadline: Sunday 17th March 2024

Further information about the fund and the application form can be found here - Young People Physical Activity & Sport Hardship Fund | Active Together (active-together.org).



Young People Physical Activity & Sport Hardship Fund

The fund is aimed at helping young people overcome financial constraints affecting their continued involvement in physical activity and sport as a participant, official, coach, volunteer or talented sportsperson. Contact Name

Lizzi Hall Email

<u>l.hall@active-together.org</u>



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# **WEEKLY UPDATE PRIMARY AGE GROUPS**



### **Royal Opera House Create & Dance**

#### Last few remaining places for this amazing FREE opportunity

There are still a few places available for Leicester schools to be involved in the Royal Opera House Award Winning 'Create & Dance' programme based around 'Alice's Adventures in Wonderland' which gives schools FREE access to:

- Staff CPD
- Five innovative lesson plans
- Online 'Meet the Artist' workshops with professional dancers
- Celebration event for a full class to attend and share their work

The programme all starts in January with the staff CPD. To find out more and to register your school please click on the logo opposite.



#### **Red Ball Tennis - Free Resources**



Red Ball tennis is a fun modified version of the game, played on a smaller court using red felt or sponge balls, which makes the game accessible to all abilities. A red court can be set up across full size tennis courts, inside on a badminton court or anywhere there is enough space to put up a net.

The resource contains a range of fun games and competition activities which could be used in extra-curricular sessions, intraschool competitions or even inter-school competitions, giving more students the opportunity to play competitively.

CLICK HERE TO ACCESS THE FREE RESOURCE

### **British Dodgeball Primary School Championships**

British Dodgeball still have plenty of British Dodgeball Schools Primary Championships to get involved in during 2024, with our nearest championship event being held in the city at WQE College!

Visit the Primary Schools Competitions webpage for more information or click on the image opposite to enter the event.



#### Year 3 Personal Best Festival – Determination Development Event

21 Primary Schools attended a Year 3 Personal Best Festival at Sir Jonathan North College this week. The aim of the event was to develop their determination through achieving their best score in each of the six activities. Each pupil was given a 'Personal Best Passport' to fill in throughout the event.

The event was supported by our fantastic Sir Jonathan North Leaders who were great role models throughout the day, mentoring supporting the yr 3 children.









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# **WEEKLY UPDATE** PRIMARY AGE GROUPS



### **Disney Inspired Shooting Stars - Primary Leader Training Festivals**









To develop and celebrate leadership and inclusion in school sport, Leaders from The City of Leicester College and Babington Academy hosted 'Disney Inspired Shooting Stars' Leadership Training Events as part of the Barclays Girls' Football School Partnership programme.

Primary aged leaders from nine different schools worked with the secondary leaders to gain the skills to deliver the Disney Inspired Shooting Stars programme in their own schools. Hosted by The City of Leicester College were year 5 & 6 pupils from: Linden Primary, Krishna Avanti Primary, Uplands Junior School, Wyvern Primary & Rushey Mead Primary School. Babington Academy leaders supported pupils selected from Stokes Wood, Spinney Hill, Marriott and Inglehurst Junior School.

The format of the events saw the hall divided into stations, each with their own unique activity created from four Disney themes: The Lion King, Toy Story, The Incredibles, & Frozen. The story telling based activities are designed to keep young children engaged, motivated and active and the leaders really brought this to life throughout the training.

The primary leaders all focused brilliantly during the sessions and learnt a lot from the day to take back to their own schools. At the end of each event the secondary school students selected their 'Star Leaders' from the day who won a water bottle & pen to celebrate their excellent engagement & leadership skills. Each set of leaders will now go back to their schools and run a Disney Shootings Stars extra-curricular club at their school with the help of staff who have completed the online CPD. We look forward to catching up with them in the new year to find out how their clubs are going!

To access Shooting Stars through the Barclays Girls Football School Programme CLICK HERE

Interested in developing your leaders to deliver this? Please contact jgadsby@crownhills.leicester.sch.uk

















# **WEEKLY UPDATE SECONDARY AGE GROUPS**



## **Barclays Game Changers - Nominations needed!**

Barclays Game Changers give female leaders the opportunity to work as part of a citywide team to raise the profile and participation levels in girls' football. We are looking for nominations for Barclays Game Changers from city schools. This gives female leaders in your school the opportunity to complete training and work with us on events throughout the year and to promote girls football in Leicester. Download the <u>Teacher Information & Application Form and submit it to jgadsby@crownhills.leicester.sch.uk asap.</u>

#### FREE Teaching Secondary Schools Athletics Resource

England Athletics believe that the desire to take part in sport is very much impacted by a young person's experience in school. Whether it be taking part in a sports hall athletics competition, the prestigious English Schools Champs, or learning from a great PE teacher, the spark of interest and excitement starts in school.

England Athletics are committed to supporting the delivery of high-quality athletics and Physical Education in schools, and to support secondary schools and PE staff, they are delighted to offer their Teaching Secondary Schools Athletics app-based resource for free (normal price £39.99).

To gain access to this resource, click this link and complete the basic information required to register your login details for the resource.

Once you have completed the form, your details will be uploaded within five days and access to the Teaching Secondary Schools Athletics resource will be free via login. A conformation email will be sent to confirm your login details and that your access to the resource is live.



## England Rugby 'Touch to Twickenham'

#### Opportunities for beginners and experienced players

Touch to Twickenham is a fun and inclusive national programme to drive non-contact participation in schools and colleges in England.

Key information

- Open to Year 9 mixed gender teams
- Each event is tiered for players with no rugby experience or those who have played before
- Start up support for schools and colleges brand new to rugby.
- 8-a-side with minimum 4 female students on the pitch at all times
- Year 9 events on May 8th 2024 with finals day at Sixways stadium, Worcester in June
- Winners from finals days to play at Twickenham Stadium in November 2024

For more information please visit the event handbook.

To enter the Year 9 event in Leicestershire on the 8th May click here.



### Leadership at the core of our programmes



Developing wider character skills through leadership opportunities remains a big part of what we do through each of the delivery strands. This week we delivered a Year 3 personal best festival at Sir Jonathan North where 18 Year 9 leaders supported.

Throughout the day the students led the activities supporting the pupils to achieve their best and have a positive experience of physical activity. The leaders were great role models and had great enthusiasm throughout the day.





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