Wednesday, 10th January 2024

WEEKLY UPDATE ALL SCHOOLS





Happy New Year & Welcome back! We hope that 2024 brings you peace, joy and success. Inspire Together look forward to supporting your health, wellbeing and sport ambitions again this year.

As part of the NHS Health & Wellbeing Provision in local areas, Aylestone Leisure Centre will be hosting a FREE Health & Wellbeing HUB Event on Tuesday 16th January 2024. PLEASE CLICK HERE FOR FURTHER INFORMATION & FLYER.



OPT IN NOW

Discounted Wimbledon Championship Tickets for Schools

Opt In to the LTA Youth Schools Wimbledon Ballot before it closes on:

Friday 19 January at 16:00. This is your chance for your school to attend The 2024 Championships!

Tickets for No. 1 Court, No. 2 Court, and No. 3 Court are heavily discounted while Centre Court tickets are full-price.

The Championships 2024 will take place between 1-14 July. Rules apply.

Equipment Hire

We have a range of specialist sports equipment available for schools to hire to support the diversity of PE & extra-curricular delivery. <u>Please see the options available here if you would like to consider this in the spring or summer term.</u>

If you have hired equipment, please ensure that you confirm the time that you are wishing to collect & return the equipment so that we can have it ready for you or other schools to have.

School Games Mark Award

2023/24 School Games Mark:

The award remains an important and worthwhile tool positioned to help schools effectively reflect on their engagement in PE, extra-curricular physical activity & sport and the School Games; celebrating keeping young people active.

The award is centred around the School Games principles as shown in the criteria. Please complete your Inclusive Health Check for your school on your dashboard ASAP to support your application later in the year.

The School Games Mark 2022/23 pennants and badges should be with you from the last academic year. We have a few that need distributing to schools which we will bring to events coming up. If you haven't received yours, please let Charlotte, Amy or Jo know.

If you would like to meet with Charlotte, Amy or Jo regarding the School Games Mark please get in touch: inspiretogether@crownhills.leicester.sch.uk / 0116 2491032



WEEKLY UPDATE All schools



Holiday Activity & Food (HAF) Winter Camp 2024

We ran a very successful Winter HAF Camp during the school holidays at CrownHills CC. Over 55 children aged 5-16 years attended the 4-day camp in January and enjoyed a range of activities, from dance to quizzes! They also enjoyed crafting 'winter creations' such as snowflakes and paper chains. They took part in different Health and Wellbeing activities including food plate Boccia!

Parents and carers were invited to join their children for a celebration of their week on the final day, with a presentation of certificates and gifts for all participants.











Leadership in Action CPD at Crown Hills Community College

Crown Hills Community College are pleased to be offering a series of Leadership training sessions for Middle and aspiring Leaders to develop their knowledge, expertise and practice in Leadership.

The next session is on Wednesday 17th January at 4pm covering the theme of 'Difficult Conversations'. Please email Sumaya at Crown Hills for further information or if you would like to attend: sumayaseedat@crownhills.leicester.sch.uk

(Open to both Teachers and Support Staff- Primary and Secondary).

Vacancy for High Level Sports Coach: Crown Hills Community College



Crown Hills Community College are seeking to appoint an exceptional Sports Coach to work alongside the Deputy Head of Faculty to lead our Sports Academy. This is an exciting position within the PE faculty with opportunities to shape the vision and direction of the Sports Academy, deliver lessons within the curriculum and support extra-curricular activities. This post is term-time and permanent.

For further information please click here or for an informal discussion about the role please contact Deb Butler, Head of PE: dbutler@crownhills.leicester.sch.uk

Deadline for applications is 9am on Monday 15th January.



WEEKLY UPDATE PRIMARY AGE GROUPS



Green House Sports:

Opportunity for a free coach in your school from March 2024

<u>Greenhouse Sports</u> is a charity that believes every child deserves a fair chance to success in life. They partner with schools providing inspirational sports coaching and mentoring for children who may be disengaged to develop key life skills that help them thrive.

Several schools across the city now use Greenhouse Sports to employ full-time coaches within their establishments to enhance their PE & Extra-curricular provision. The coaches also act as mentors for young people using sport as a vehicle to develop transferable skills.

The charity currently has an additional coach that is available and can work with a primary school in Leicester. They are available to start in March 2024, and the partner school would get the service of the coach free until September 2024. There is then an expectation that the school will continue the partnership with Greenhouse Sports into the next academic year, for which it would cost the school approximately £17,000 per year for a full-time coach, the rest of the salary would be covered by the charity.

Chris Allbutt is the contact at Greenhouse who would be keen to hear from any schools who would benefit from the programme: Chris.Allbut@greenhousesports.org

<u>Leadership</u>

Our primary leadership training programme introduces the concept of being a leader and teaches young people the basic skills in leading others in sport and physical activity sessions. It is a great opportunity for young people to take be involved in sport and physical activity in a different way, supporting their peers to be active and to have fun back at their school.

Core Leadership programme

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Available to all member schools - access the resources here.

This resources is online for staff to deliver to groups in your schools. the resources are downloadable and the powerpoints are narrated to support consistent delivery.

Enhanced Leadership programme

Only available to those member schools who have signed up on their Intention to Engage (small additional cost on top of membership). Hard resources are provided for up to 30 leaders and schools will be invited to a face-to-face training session which will build on the skills developed through the core training programme and give the leaders opportunity to practice their skills and work with groups from other schools.

Dates have been confirmed for the enhanced face-to-face leadership training (below). Charlotte will be sending a further email to those schools involved by the end of this week with further details.

West Leicester City Schools – Monday 4th March at The Watershed, 10-2.30pm East Leicester City Schools – Monday 18th March at The Watershed, 10-2.30pm

Wednesday, 10th January 2024

WEEKLY UPDATE SECONDARY AGE GROUPS



Barclays Game On - GO Play



<u>Barclays Game On - GO Play</u> is a resource to support the delivery of extra-curricular football in secondary schools. For a short time only, Barclays are launching an exciting incentive that will see the first 200 schools who register for the resource in January receive £100 kit voucher to spend on equipment for their school.

REGISTER HERE

Secondary Schools County Cross Country Championships

If you have any students who enjoy cross country and would like the chance to represent Leicestershire at English Schools on 16th March please see the details below for the qualifying event:

Secondary Schools County Cross Country Qualification event **Saturday 3rd February, 10am -12pm at Radcliffe College** Age groups – Juniors (Year 8&9), Intermediate (year 10&11), Senior (year 12&13) Please also pass these details onto parents of runners. **To register please scan the QR code or CLICK HERE**



Boys Move - Supporting Boys with their Emotional Understanding

Boys Move is a Confidence/Behaviour Intervention Programme included within the secondary membership offer (if selected from the available programmes).

The intervention targets groups of boys from one or two year groups in KS3 who have been identified as having low confidence/self-esteem and/or negative behaviours within school and need support around emotional understanding/control & stress management.

It is a 10 week programme of coach delivery in which students will participate in a weekly physical activity and discussion based sessions where they will explore their feelings and emotions around themselves, school, their bodies and more.

To find out more about the programme and how it has already benefited boys across the city, please click here.

