

Wednesday, 20th December 2023

WEEKLY UPDATE

ALL SCHOOLS



Ofsted: Levelling the Playing Field The Physical Education Subject Report

Ofsted have produced a report on physical education based on visits to 50 primary and secondary schools looking at strengths and areas for development in how the subject is taught. In the report, the Government summarise the main findings from both primary and secondary schools and share recommendations. More detailed findings in primary schools and secondary schools are then reviewed separately. These 2 sections focus on:

- curriculum design and organisation
- what pupils have learned
- pedagogy and assessment
- school-wide systems and policies



[To access the report please CLICK HERE.](#)

England Boxing's Activator Course

England Boxing's Boxing Activator course gives school staff, community groups and sports providers the skills to introduce young people to the sport's basics.

[Find out more about their five-hour course here.](#)



School Games Mark 2022/23 - Key Findings

A summary of the key findings from the 2022/23 School Games Mark applications is now available as an info-graphic document.

[Please CLICK HERE to see the review](#)



Autumn Term Newsletters

Please click on the images opposite to access our Autumn Term newsletters highlighting some of the fantastic work going on in schools around the city to support the health and wellbeing of children and young people.

Thanks to all of the schools who are featured and to all of the staff and young people who have engaged with our programmes during this very busy term.



Wishing you all a very Merry Christmas and a Healthy New Year from the Inspire Together Team!



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PRIMARY AGE GROUPS



British Triathlon's Free CPD Webinar

British Triathlon are hosting a free online workshop to familiarise primary school teachers and SGOs with the fundamentals of swim, bike, run for children aged 7-11.

[CLICK HERE TO BOOK YOUR PLACE](#)

Inclusive PE & Top Sportsability CPD

Run by YST Tutor Paul Lord, wider places are now being offered across LLR for this highly-rated CPD.

Details and booking link can be found below:

- Date: Friday 26th January
- Time: Arrive from 9:00am for a 9:30am start 3:00pm finish and depart
- Venue: The Cedars Academy, Birstall, LE4 4GH (Palmer-Tomkinson Centre)
- Cost: £100 per delegate
- Suitable for: Primary PE Leads



OUTCOME: to create a more inclusive offer for all young people to have access to school sport and physical activity, especially those with special educational needs and disability.

SUPPORTING YOUR YOUNG PEOPLE: with special educational needs & disabilities to be fully included and participate in sport and physical activity. [Accompanying resource \(free to access\) Click Here.](#)

[BOOK HERE Deadline for booking is Friday 12 January 2024.](#)

Healthy Movers CPD

Run by Senior YST Tutor Mandy Newbold, wider places are now being offered across LLR for this Early years/KS1 targeted CPD. Details and booking link can be found below:

- Date: Friday 19th January
- Time: Arrive from 9:00am for a 9:30am start 3:00pm finish and depart
- Venue: The Cedars Academy, Birstall, LE4 4GH (Palmer-Tomkinson Centre)
- Cost: £100 per delegate
- Suitable for: Early Years practitioners, KS1 staff and lunchtime supervisors.



OUTCOME: to explore what is meant by physical literacy and why it matters within the early years and for life. You'll learn how to use the Healthy Movers toolkit, how it links to the EYFS and supports the development of the whole child. With suggestions of ways you can engage parents and carers, you'll become confident to plan and deliver fun, purposeful physical activities.

SUPPORTING YOUR YOUNG PEOPLE: to develop their physical literacy, enhance their health and happiness and build a strong foundation for an active life.

Accompanying resource: Healthy Movers Toolkit and wall planner (purchased separately).

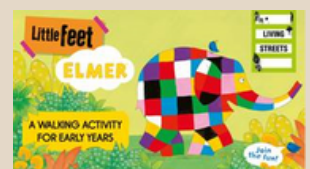
[BOOK HERE Deadline for booking is Friday 22 December 2023.](#)

LITTLE FEET - ELMER: A walking activity for early years

Living Streets have launched a brand new 'Little Feet - Elmer' walking activity pack in celebration of Elmer's 35th birthday and will see little ones go on a journey with the beloved patchwork elephant, meeting lots of animal friends along the way! The Elmer activity pack is designed specifically for use in early years settings, perfect for introducing the benefits of walking to young children and their families. Each one includes colourful and engaging resources for up to 30 pupils, including:

- A journey map and stickers, practitioner guidance, pupil reward stickers, information and activity leaflets for families, an Elmer hand puppet.

Early-bird pricing offers are available until the end of January, ahead of the product's official launch in February 2024. To schedule a call to discuss this further, or if you would like to receive a provisional quote for the packs, please contact: [Becca Moss, Rebecca.Moss@livingstreets.org.uk](mailto:Becca.Moss@livingstreets.org.uk)



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SECONDARY AGE GROUPS



With every one of our city secondary schools taking part in at least one fixture or event this term, with Team Leicestershire fixtures being especially busy, we would like to thank all teams which have been involved and to staff for working so hard to make these happen for the students. We would like to give huge congratulations to the winning East and West schools who will go through to represent the city in the knock-out rounds of Team Leicestershire - good luck in the later rounds!

Snap-up free kit and equipment with Barclays Game On

Sign up to one of our Barclays Game On - GO Teach online CPD sessions and receive a branded hoody and a kit and equipment pack for your school.



FREE Secondary PE Curriculum CPD-My Personal Best

What is My Personal Best?

An approach that enables all young people to flourish in PE, school and life - now and in the future. Through teacher and learner resources and a flexible training package, My Personal Best supports teachers to explicitly plan for and deliver a life skills PE curriculum.

To learn more visit the website: [My Personal Best - Youth Sport Trust](https://www.youthsporttrust.org/my-personal-best)

The course is designed for heads of PE. If the heads of PE can't attend, members of the PE department are welcome to attend.

My Personal Best CPD is Monday 22nd January 9am-3.30pm.
The Menphys Hub, Bassett Street, South Wigston, LE18 4PE.

To book your school's place, please e-mail [Hussein Khan \(mkhan@southwigston.lwl.org.uk\)](mailto:mkhan@southwigston.lwl.org.uk) with the name and e-mail address of the person attending.

Deadline to book your place is Tuesday 16th January.

The course will cover the first three sections on the table opposite and schools attending will receive the My Personal Best Secondary School package worth over £1,000.

Module based training			
Module	Format	Duration	Synopsis
An introduction to My Personal Best NB. Staff must attend this before selecting the subsequent modules.	Virtual - interactive	2 hours	Considers the WHY of My PB: • importance of developing learners' life skills - for PE, school and life • what life-skilled looks like in different learners • how the My PB resources may be used in PE and whole school
My Personal Best Curriculum Development	Virtual - interactive	2 hours	Considers the HOW of My PB, with a focus on long-term planning: • recognise learners' characteristics and needs • establish purpose of PE • create paths to achieve outcomes, including curriculum progression
My Personal Best Teaching and Learning	Virtual or a face-to-face practical	2 hours	Considers the HOW of My PB, with a focus on pedagogy: • recognise learning process • explore teaching and learning methods (practically in 1-2-6) • enable learners to recognise, transfer and progress learning
My Personal Best Implementation	Virtual - video or phone call	1 hour	One-to-one support to reflect on and implement life skills learning in school - with whole team or subject leader.

Transforming GCSE PE Football

Let's look at how The FA's small-sided game philosophy can help pupil performance across GCSE PE in your school.

[Discover more about how this will provide staff and pupils with a framework for improved practical performance both in football and across other sports.](#)



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