



# INSPIRE STORY

## CHARACTER DEVELOPMENT

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Our competitions each fall into an individual strand. Inspire, Develop or Excel. An example of one of our Develop events was our 'Mega Fest'. The develop events are all about learning something new, meeting new people and developing character. The theme highlighted at this event was respect. Schools who attended brought children who aren't necessarily the sportiest, need to develop confidence or don't often get these extra opportunities.

One attendee particularly stood out to staff and leaders at this event. When he arrived he was quiet and the teacher informed us that he doesn't often get stuck into PE at school. Throughout the morning he took part in all of the activities. They developed their skills and learnt how important respect was in sport. He showed resilience, if he struggled with something or made a mistake he tried again until he got it right. He showed fantastic determination, while he was trying to do each activity he wanted to do it to the best of his ability. These are all character traits that the teacher didn't often see in school. These new skills were a result of the positive and encouraging environment in which we run all our events.

After the morning session, learning basic touch rugby skills, it was clear he was enjoying himself. He took part in all the games and was very respectful of his team mates. He encouraged others and gave them praise when they did something well.

At the end of the day he even took it one step further. He used all the new positive character traits he had developed and was inspired by the theme of respect. He went up to a child from another school, tapped him on the shoulder, shook his hand and said "Hopefully I'll see you again next time". This respect towards new friends was exactly what the event was all about!

