## INSPIRE STORY WHEELCHAIR BASKETBALL

## **COMPETITION-DEVELOP**

Our competition strand is made up of three event types. Inspire, Develop and Excel. This half term, an example of one of our Develop events was Wheelchair Basketball at Judgemeadow Community College.



We had a group of students from 4 different schools. When asked at the start of the sessions if any of them had tried a wheelchair sport before none of them put their hands up. They were so excited to get started and watched the demonstrations in awe.

They started out by learning chair safety, how to move and turn. They played several fun games whilst they got to grips with the chair.

Once they were more comfortable they got to try a game of wheelchair basketball. They realised how hard it is to use your upper body strength in a game like this.

The children all left with new skills and a love for a new sport, exactly the aim of a develop event!





