

Competition Inspire Story

INSPIRE EVENT

FLAG AMERICAN FOOTBALL

Flag American Football is becoming increasingly popular in the UK with huge support from the NFL, BAFA (British American Football Association) and with strong local links through the Leicester Panthers Club. However, very few young people have had the chance to try it yet which makes it an ideal activity to use in our Inspire Events for students who are disengaged from physical activity.

It is really important to us that we demonstrate the positive impact our events have on the young people who take part.

Below details the experience of a Year 7 student who was trying something completely new. The feedback he gave shows what a positive experience he had at our development event.



Pre-event

This is an Inspire Event, to try new activities, learn new knowledge and skills. How have you been feeling leading up to this event?

I'm pretty excited to try a new sport. It will open my mind to different things & improves fitness.

What are your expectations of the event today?

Hopefully I will do well. Learn the game and learn new skills and knowledge. I hope to have fun.

During the event

How are you feeling now the event has started?

It is fun, I am enjoying it. I feel it is similar to football as I can have a laugh with my friends.

Is the event going as you expected?

It is better. I am having lots of fun I can also catch and throw the American football.



Post-event

How are you feeling now the event has finished?

Happy, it was lots of fun. I really enjoyed it.

Have you enjoyed the event? If so, what is it about the event you have enjoyed the most?

I have enjoyed all of it. Learning and playing defence was my favourite.

What have you gained from taking part in today's event?

I've gained knowledge and skills of the game.

Would you play Flag Football again?

Yes, possibly in the future.

