

INSPIRE TOGETHER SECONDARY MEMBERSHIP OFFER 2023/24



We are delighted to be sharing this year's Inspire Together membership offer on the back of the positive DfE announcement supporting consistent and high-quality delivery of PE, confirming their ambition for schools to offer a minimum of 2 hours timetabled curriculum PE to children of all ages and abilities. We appreciate that this is a difficult prospect for some secondary schools who are feeling the impact of added pressure of funding restrictions and staffing cuts. However, Inspire Together welcomes and fully supports the commitment from the Government which is part of the soon anticipated refresh of the School Sport Action Plan.

As an organisation we have enhanced our capacity to now have what we feel is a highly-skilled workforce to support the needs of our member schools across our 6 strands of focus: High-Quality Competition & Events, Health & Wellbeing, Inclusion, Leadership, Community Engagement and High-Quality Physical Education. Our work across these focus areas supports our mission:

'To provide health, wellbeing and physical activity opportunities to inspire the young people of Leicester and give them the knowledge they need to lead a healthier, happier future.'

We continue to focus on clear outcomes for each strand of our membership matched to Ofsted descriptors and impact evaluation, to support the alignment of our offer to whole school priorities. This has been demonstrated below and through our 'Inspire Stories' which are accessible via the links to our website www.inspiretogether.org.uk.

To maintain the high-quality offer to schools we have had to revise the membership costs this year and increase the secondary membership for the first time since 2014 when our enhanced offer was first put in place. This has unfortunately been necessary to cover the rise in support staff salary and the ever increasing price of venues, affiliations and services. We are still confident that the offer provides excellent value for money for our member schools.

This document is complimented by our 'Intention to Engage' survey that adds detail to the membership affiliation, giving your school the opportunity to sign up for the variety of programmes and opportunities that we offer. Within this we have included: an opportunity to shape our staff CPD offer, support for curriculum PE planning and equipment hire to increase the breadth of provision in your school.



HIGH-QUALITY EVENTS & COMPETITION

Defining the three strands of competition (Inspire:Develop:Excel) continues to refine our approach for different audiences of young people. Schools have again responded really well to this, targeting appropriate groups of young people for each strand. This gives the opportunity for a greater number of young people to represent their school at inter-school events and ensures that the opportunities available are appropriate to their ability and needs.



Competition Outcomes

Inspire

Target audience

- Disengaged pupils, those who have not represented the school before, young people who feel that sport and physical activity is 'not for them'.

Outcomes

- A positive experience in physical activity having the opportunity to achieve personal success, inspiring further participation and raising aspiration.

Develop

Target audience

- Young people who have not represented their school before. Each 'Develop' event will focus on a specific value/life skill which the activities will be based around such as teamwork, communication etc.

Outcomes

- Developing character values and life skills in a supportive and non-competitive environment.
- Pupils discovering new/alternative activities within a supportive coaching environment.

Excel

Target audience

- Young people who are elite within their school/peer group at a sport. Those who enjoy competing and testing themselves against others.

Outcomes

- An opportunity to compete with young people outside of their school, testing themselves at a city level with the opportunity to progress to county rounds and beyond, mixing with different groups outside of their direct peers. Performing within clearly defined rules or laws, and to an overarching 'Code of Conduct'.

Ofsted Alignment



'Developing pupils' character, which we define as a set of positive personal traits, dispositions and virtues that informs their motivation and guides their conduct so that they reflect wisely, learn eagerly, behave with integrity and cooperate consistently well with others.'

[VIEW INSPIRE STORY](#)

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[VIEW INSPIRE STORY](#)

'The curriculum provided by schools should extend beyond the academic, technical or vocational.'

'Ability to recognise the difference between right and wrong and to readily apply this understanding in their own lives, understanding of the consequences of their behaviour and actions.'

[VIEW INSPIRE STORY](#)



HEALTH AND WELLBEING

Our Health & Wellbeing offer to schools is constantly evolving to meet the current needs of children & young people. The fallout of the pandemic and cost of living crisis continues to negatively impact on the mental & physical wellbeing of children, unfortunately creating greater inequalities across our communities. Delivering our targeted interventions to engage, inspire and educate the most vulnerable young people supports them to understand and enjoy the benefits of an active and healthy lifestyle. Our programmes focus on supporting mental health, developing confidence and key nutritional education to help develop healthier, happier young people.



Health & Wellbeing Outcomes

Resources

- Awareness of the importance of a healthy and active lifestyle developed.
- Whole school approaches championed on how to achieve and sustain a healthy and active lifestyle.

Events

- Positive experience for all pupils to be involved in opportunities that build emotional, physical, and social wellbeing.
- Social opportunities for pupils to engage with other pupils from across the network.

Targeted programmes

- Overcome inequality in physical and emotional health through a bespoke and flexible targeted approach.
- Development of fundamental movement skills to support an active lifestyle and lifelong health.
- Starting the journey of embedding lifelong health and wellbeing within the school setting.

Continual Professional Development

- Upskill and empower staff to embed and/or sustain targeted opportunities within the school setting.

Ofsted Alignment



'Developing pupils' understanding of how to keep physically healthy, eat healthily and maintain an active lifestyle, including giving ample opportunities for pupils to be active during the school day and through extra-curricular activities.'

[VIEW INSPIRE STORY](#)

'Developing pupils' confidence, resilience and knowledge so that they can keep themselves mentally healthy.'

'The school consistently promotes the extensive personal development of pupils. The school goes beyond the expected, so that pupils have access to a wide, rich set of experiences.'

[VIEW INSPIRE STORY](#)

DEVELOPING YOUNG LEADERS

Developing wider character skills through leadership training and opportunities remains a big part of what we do through each of the delivery strands.

The benefits and positive life experiences that young people can gain through being responsible for leading others in a safe and supportive environment cannot be underestimated. We are now in a position to deliver a consistent leadership pathway for young people to develop their abilities. Through this they can access exciting and varied leadership training & opportunities to enhance their education and transferable skills.



Leadership Outcomes

- Developing essential life skills for young people such as confidence, communication, positive attitude & empathy.
- Improving employability through training and experience.
- Raising aspiration within school for pupils to lead and support others.
- Developing a school delivery workforce, and creating the next volunteer workforce for the local community.
- Inspiring participants through events led by young people from similar communities and cultural backgrounds.

Ofsted Alignment



'Pupils consistently have highly positive attitudes and commitment to their education. They are highly motivated and persistent in the face of difficulties. Pupils make a highly positive, tangible contribution to the life of the school and/or the wider community. Pupils actively support the well-being of other pupils.'

[VIEW INSPIRE STORY](#)

'Willingness to participate in a variety of communities and social settings, including by volunteering, cooperating well with others and being able to resolve conflicts effectively.'

INCLUSION

Tackling inequalities is a priority we share with many of the partners we work closely with such as LCC Public Health, Leicester Diabetes Centre, Youth Sport Trust, Active Leicester and Active Together. Through our SEND, Girls Football Partnership and Boys/Girls Only intervention programmes we work directly with some of the most disadvantaged and vulnerable young people, supporting them to engage in unique opportunities to support their health & wellbeing and to prepare them to succeed in life.

Inclusion Outcomes

- Challenging inequality for vulnerable & minority groups.
- Creating appropriate & meaningful opportunities for all young people.
- Young people experiencing and accepting the diverse range of needs and ability within their community.
- Raising the profile of disability sport & opportunities
- 'Give girls equal access to football in schools by 2024'

Ofsted Alignment



'Disadvantaged pupils and pupils with SEND acquire the knowledge and cultural capital they need to succeed in life.'

'Promoting an inclusive environment that meets the needs of all pupils, irrespective of age, disability, gender reassignment, race, religion or belief, sex or sexual orientation.'

[VIEW INSPIRE STORY](#)





HIGH QUALITY PE

Physical Education has a unique role in the learning, development and achievement of children & young people. We believe that high quality Physical Education should be at the heart of school life and of whole-school development. Inspire Together fully supports the Government's ambition for 2hrs of timetabled PE and aims to support schools to deliver a High Quality model that has a clear impact on the lives of children & young people.

High Quality PE Outcomes

- Increased confidence, knowledge and skills of all staff in teaching PE & sport.
- Best practice examples shared across the network.
- The skills of the network utilised to support other staff.
- High Quality CPD opportunities available to upskill teachers and school support staff.
- A broader experience of sports and activities offered to all pupils.

Ofsted Alignment



'Teachers have expert knowledge of the subjects that they teach. If they do not, they are supported to address gaps in their knowledge so that pupils are not disadvantaged by ineffective teaching.'

COMMUNITY ENGAGEMENT

We recognise that educating and inspiring children to live a healthy active lifestyle is just one part of the solution for young people to make lifelong changes which will have a positive and meaningful impact on their physical, mental and social health. Engaging with, and educating, parents, guardians and the wider community is vital to making a sustainable change.

Community Outcomes

- Links with local clubs and sport/physical activity providers to promote further engagement outside of the school gates.
- Engaging parents/carers in health, wellbeing and nutrition programmes to support family health.
- Links to LCC community programmes to support participation outside of school for young people and their families.

Ofsted Alignment



'Developing responsible, respectful and active citizens who are able to play their part and become actively involved in public life as adults.'

'Willingness to participate in a variety of communities and social settings.'

[VIEW HAF CASE STUDIES](#)



VISION AND VALUES

OUR VISION

That every young person enjoys being active so they have the long-term benefits of a healthy, happy lifestyle.

OUR MISSION

To provide health, wellbeing and physical activity opportunities to inspire the young people of Leicester and give them the knowledge they need to lead a healthier, happier future.

INSPIRE

To encourage future generations to participate in and learn through sport, physical activity and healthy opportunities, promoting physical, social and emotional wellbeing.

DEVELOP

To target inequalities, giving all young people the opportunity to learn and develop their physical skills and character, building self-belief, determination and resilience.

EXCEL

To provide young people with opportunities they can aspire towards, equipping them with the skills and knowledge needed to achieve success and be the best they can be.

COLLABORATE

Working within a professional network to maximise physical activity wellbeing opportunities for children and young people, through shared expertise and best practice.

Supporting the community and families, enabling them to create a positive environment for children and young people to be active, healthy and happy.

ENJOY

Fun is at the heart of everything we do. We know positive experiences make sport, physical activity & wellbeing opportunities enjoyable for young people, enabling them to develop a lifelong positive attitude towards health & wellbeing and a determination to achieve.

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**INSPIRE
TOGETHER**
A healthier, happier, future generation

INSPIRE TOGETHER MEMBERSHIP AFFILIATION

Secondary School Membership

Number on roll	Cost per Academic Year
Under 500	£850
500-999	£1,400
1000+	£1,750

Please return to confirm Inspire Together membership by Wednesday 28th June
School Details:

Name of School:.....

Head Teacher name:..... Email address:.....

PE Subject Lead name: Email address:.....

Number on Roll

Affiliation Cost
(as per pricing structure above)

£

☐ I agree to the cost of the Service Level Agreement for the above 2023/24 Inspire Together Membership to be invoiced directly:

☐ In July 2023

Or

☐ In September 2023

☐ I have read/my safeguarding lead member of staff has read and printed the 'Inspire Together Child Protection & Safeguarding Plan' and the 'Inspire Together Media Policy' and agree to share with staff who attend Inspire Together events.

☐ I have read and agree to the 'Inspire Together Code of Conduct' and will share with all relevant colleagues attending Inspire Together events and competitions.

Signed by Headteacher/Principal:.....

Date:.....

Please return your completed affiliation form to:
Inspire Together, Crown Hills CC, Gwendolen Road, Leicester LE5 5FT
inspiretogether@crownhills.leicester.sch.uk / 0116 249 1032