



INCLUSION

INSPIRE STORY

LEADERSHIP

During the summer term we had the support of four leaders from Birch Wood School who had taken part in our Inclusive Leadership Training Programme in partnership with the Youth Sport Trust. Their role was to run two different activities at our Multi-activity Health & Wellbeing Festival for primary-aged children with a variety of additional needs.

Although the leaders had loved the training and had learnt a lot, this was their first time leading younger children at an event. They started the day nervously and it took them a while to get into a rhythm and feel comfortable in their role. After a few groups had taken their turn and enjoyed their activities, they relaxed and got into the swing of things. Their confidence grew more and more with every group and they began to thrive. We were so impressed with their courage to try something new that was way outside of their comfort zone. They have learnt fantastic new skills and put them into practice to lead younger children safely and successfully.

