

Complete the challenge for
30 mins to colour in a bauble

**INSPIRE
TOGETHER**

A healthier, happier, future generation

1 Skipping



2 Walk/bike/
scoot



3 Throw and
catch



4 Playground
Tag



5 Kick ups



6 Dance



7 Animal
movement



8 Dribbling



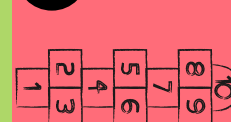
9 Walk/bike/
scoot



10 Floor is
lava



11 hopscotch



12 paper snowball
flight



13 paper snowball
flight



14 Playground
Tag



15 Line
walking



16 Walk/bike/
scoot



17 Playground



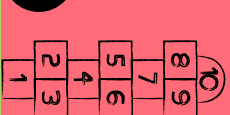
18 Animal
movement



19 Skipping



20 hopscotch



21 Floor is
lava



22 paper snowball
flight



23 Walk/bike/
scoot



24 Playground



25 Dance



Active Advent

Colour in a
bauble on the
tree every time
you are active for
30 minutes

