

# INSPIRE TOGETHER MAY 23/24 NEWSLETTER

## PRIMARY AGE GROUPS



# VISION AND VALUES

## OUR VISION

that every young person enjoys being active so they have the long-term benefits of a healthy, happy lifestyle.

## OUR MISSION

to provide health, wellbeing and physical activity opportunities to inspire the young people of Leicester and give them the knowledge they need to lead a healthier, happier future.

## INSPIRE

To encourage future generations to participate in and learn through sport, physical activity and healthy opportunities, promoting physical, social and emotional wellbeing.

## DEVELOP

To target inequalities, giving all young people the opportunity to learn and develop their physical skills and character, building self-belief, determination and resilience.

## EXCEL

To provide young people with opportunities they can aspire towards, equipping them with the skills and knowledge needed to achieve success and be the best they can be.

## COLLABORATE

Working within a professional network to maximise physical activity wellbeing opportunities for children and young people, through shared expertise and best practice.

Supporting the community and families, enabling them to create a positive environment for children and young people to be active, healthy and happy.

## ENJOY

Fun is at the heart of everything we do. We know positive experiences make sport, physical activity & wellbeing opportunities enjoyable for young people, enabling them to develop a lifelong positive attitude towards health & wellbeing and a determination to achieve.



@InspireTogether



Gwendolen Road, Leicester LE5 5FT



@InspireTogeth3r



0116 249 1032



@InspireTogeth3r



inspiretogether@crownhills.leicester.sch.uk



@InspireTogether



www.inspiretogether.org.uk

**INSPIRE  
TOGETHER**  
A healthier, happier, future generation

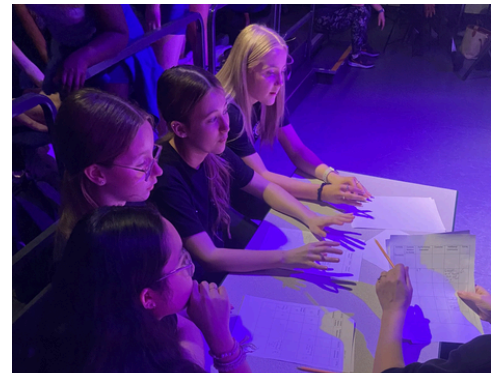


# HIGH QUALITY EVENTS & COMPETITION

## DANCE

We held the Leicester City Dance Competition this half term. This years theme was 'eco friendly'. We had a variety of different takes on the theme including performances to a powerful David Attenborough voice over. It was super hard for the A level students from St Paul's Catholic School to make a decision on the winner.

But, in the end it was Dovelands Primary School with their amazing performance which came out on top! Their peace was incredibly well thought out, the pupils conveyed their emotions brilliantly which the judges found moving!



# HEALTH AND WELLBEING

## ME IN MIND FESTIVAL

For the first time this academic year we offered festivals as 'celebratory festivals' for children who have completed one of our Health and Wellbeing programmes.

We have had the pleasure to deliver our Health and Wellbeing programmes in lots of different Primary schools so far this academic year. Programmes include. One of these programmes is 'Me in Mind'.

During Summer Term 1 we held our first 'Me in Mind' festival. All Primary schools who completed the above programme were invited to a festival.

We had three primary schools who had completed the 'Me in Mind' programme attend our festival at Beaumont Leys secondary school. These three primary schools all brought the groups of children who had completed the programme. Because of the nature of the programme, and who it is aimed at, some of these children have additional needs. Therefore, it was some of the children's first time leaving school on a trip!





# INCLUSION

## GIRLS ONLY FOOTBALL POKEMON CUP

The Pokémon Primary Schools' Cup is the largest primary-aged schools' cup competition in England, with over 5,000 school teams and over 50,000 children taking to pitches across England to play in this huge tournament.

The U11 Schools' Cup, U11 Girls' Cup and U11 Small Schools' Cup competitions provide a pathway for tams to progress through three rounds of competition. The top 24 teams will have the opportunity to travel to the National Finals, where the National Champions will be crowned. The competition embraces and promotes the England Schools Football Association "15 Benefits" of schools' football, including but not limited to:

- Providing opportunities to develop positive relationships
- Helping children to feel they are part of a team
- Encouraging teamwork
- Teaching respect

During Summer term 1 we held the Leicester City 'Pokemon Cup' qualifier competitions. One of the events was a girls only competition. It was fantastic to see so many girls from different schools competing.





# COMMUNITY

## EASTER HAF CAMP

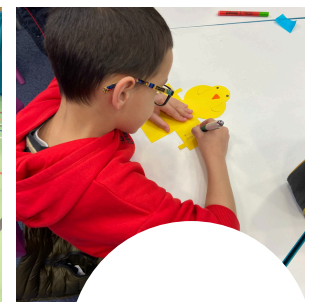
This winter Inspire Together ran a Holiday Activity and Food Camp for children aged 5-16. These camps ran at Crown Hills Community College and allowed young people who are eligible for free school meals to attend a camp where they get a paid for meal every day. As well as this they get to take part in lots of different activities, from dance to Easter egg hunts!

These young people come back to the camps year after year and are inspired to join sports clubs after trying so many different sports throughout the week. Nearly 60 free school meal eligible children attended the camp over the week, each receiving lunch on every one of the five days.

A pupil from a local special school with additional needs, joined us for the first time at our Spring camp. When we knew that she had registered we organised additional funds for a member of staff from her school to be her 1 to 1 support for the week. Because of her particular needs we felt it was important that each day there was a familiar face who she felt comfortable with and who knew her individual needs to give her the best possible experience at the camp. This was supported with additional financial support from the HAF team at Leicester City Council, without this it would not have been possible to offer the support.

The young person took part in a range of activities from badminton to exploring the Leicester Libraries Book Bus and really enjoyed expressing herself to the music during the dance session! She was able to join in with the activities with some adaptations and when necessary, have alone time with her support worker to do some quieter activities away from the group.

This was the first time her parents had been able to find a holiday camp which would accommodate their daughter's needs. They were extremely grateful and really pleased with how well she got on and the smile on her face.



# INSPIRE TOGETHER



A healthier, happier, future generation



**@InspireTogether**



**Gwendolen Road, Leicester LE55FT**



**@InspireTogeth3r**



**0116 249 1032**



**@InspireTogeth3r**



**inspiretogether@crownhills.leicester.sch.uk**



**@InspireTogether**



**www.inspiretogether.org.uk**