

# Competition Inspire Story

## RISE GYMNASTICS EXCEL EVENT



Our Rise Gymnastics event is unique in that it gives children in both Key Stage 1 & 2 the opportunity to compete together at a level appropriate to their ability.

The British Gymnastics Rise Programme is an award scheme that provides a progressive journey across four levels, for children to take their first steps into gymnastics through to advanced skills and competition. Gymnasts are entered into the appropriate level of competition by their teachers, meaning that the graded competitions are entered by gymnasts of similar ability and experience, regardless of their age

### HIGH QUALITY VENUE INSPIRES GYMNASTS

Through our close relationship with the team at New College Leicester & Hinckley Gymnastics Club we are very fortunate to be able to use their state of the art gymnastics centre for our Leicester School's competition.

Coaches from Hinckley Gymnastics Club work with leaders from New College Leicester to train and give them experience to act as judges at our school events, giving them new skills and confidence.



Across our two 2024/25 events we had over 240 gymnasts compete, with 80 children taking part in the Level 1 event, their first taste of competition. The children had a fantastic time at the events and were wowed by the facility and the skills of the more advanced gymnasts - all supported by the judges and fantastic New College Leicester leaders.

We look forward to welcoming the gymnasts back next year to perhaps compete in the next level of competition, continuing their progressive Rise Gymnastics journey.

**INSPIRE  
TOGETHER**  
A healthier, happier, future generation

