

## INSPIRE STORY TABLE TENNIS

## **COMPETITION- EXCEL**

Our Table Tennis competition saw 400 young people from across East and West Leicester attending this Excel competition. Some of the children attending may not have attended a competitive event like this before. We want to ensure that they have a fantastic time and are encouraged to carry on with, in this case Table Tennis, in the future.

In order to ensure that all young people are having the best possible time at our competitive events we ensure that they are following the school games values. Passion, Self-Belief, Respect, Honesty, Determination and Teamwork.

One school who attended was Granby Primary School. Some of their team had never been out of school to a competitive sports fixture like this before. The ones who hadn't, were apprehensive about coming. As the day went on they soon relaxed and were so proud of themselves. They were so excited when they won a match and were super supportive of one another.

When asked do you want to attend a sports competition again they responded with "yes I can't wait!" "I'm going to carry on playing table tennis" "I can't believe I won two of my matches!". As a result, Granby Primary School were awarded with our 'Spirit of the Games' award for showing such fantastic determination and teamwork.

Our excel events are not all about winning but also about providing young people with a positive experience of competitive sport. We hope to see some of these children from Granby Primary school attending more events like these to see their confidence go from strength to strength.





